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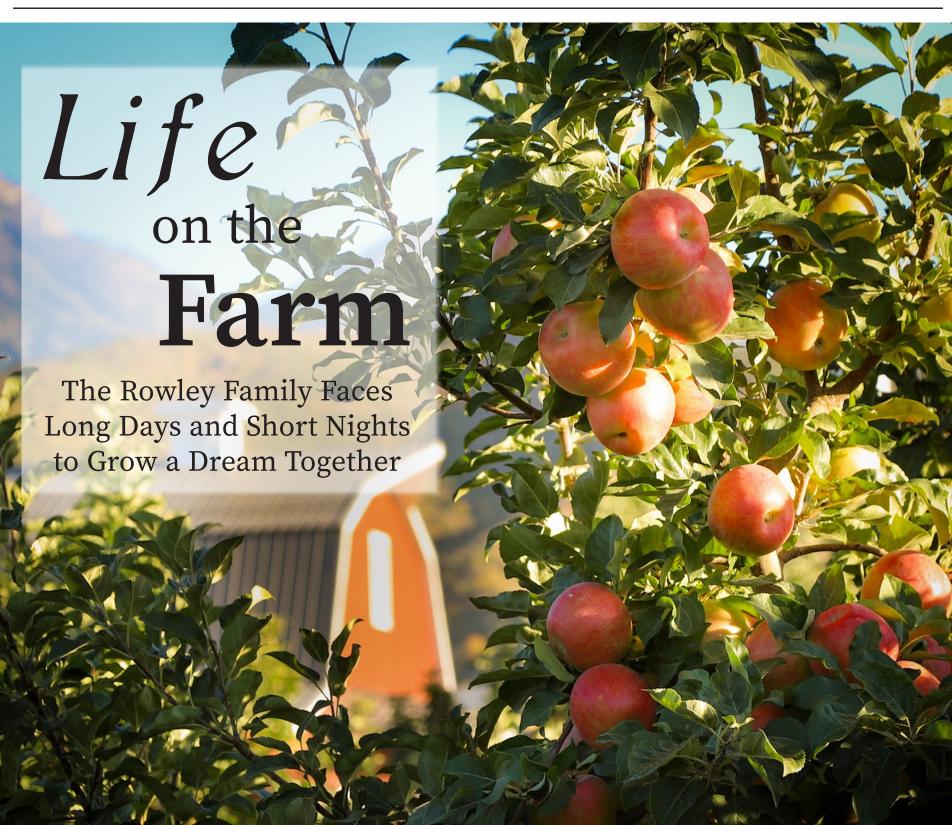
SALEM,

PAYSON,

SANTAQUIN,

NEPHI,

EUREKA





SOUTH UTAH COUNTY EVENTS

SPRINGVILLE, MAPLETON, SPANISH FORK, SALEM, PAYSON, SANTAQUIN, NEPHI, EUREKA

SPRINGVILLE

Sunday in the Park Car Show & Fundraiser

Presented By: Rotary Club of

Springville

Dates: 8/21/2022

Time: 10:00 AM to 6:00 PM

Car registration begins around 8AM, \$10

dollars to register

Location: Springville Rotary Park

A Midsummer Night's Dream

Presented By: Springville Playhouse

Dates: 8/5, 8/6, 8/8, 8/12, 8/13, 8/15, 8/19, 8/20, 8/22

Time: 7:30 PM

Springville's Sunset Farmers Market 2022

Presented By: Sunset Farmers Markets

Dates: Monday evenings 7/11 - 10/24

Location: Springville Civic Center **Time:** July – September 5 PM – 9 PM

Location: Merit College Preparatory

October 5 PM - 8 PM

MAPLETON

Mapleton Farmers Market 2022

Presented By: Mapleton Market

Dates: The 2022 Season will be Monday evenings from July 25th through Sept.

26th, 6:00PM to 8:30 PM (or dusk) Location: Mapleton City Park

SPANISH FORK

Spanish Fork Farmers Market 2022

Presented By: Spanish Fork & Salem

Chamber of Commerce Dates: 7/30/2022 - 10/29/2022 Location: Spanish Fork Justice Court

Time: 8:00 AM to 1:00 PM

SALEM

2022 Salem Days 5K / 1 Mile Fun Run

Presented By: City of Salem Date: 8/13/2022

Location: Salem Pond (Knoll Park)

Time: 7:00 AM

SANTAQUIN

Kids Maker's Market

Presented By: Santaquin City Recreation Location: Outside Lance Group Homes

Department Date: 8/20/2022

Time: 10:00 AM to Noon

Rowley's Red Barn Sunflower Festival 2022

Presented By: Rowley's Red Barn

Location: Rowley's Red Barn

Dates: Monday thru Saturday 5:00 PM to Time: 7:30 PM to 11:59 PM 8:30 PM, 8/12 - 8/31/2022

Rowley's Red Barn Harvest Festival or Pick-your-own

Presented By: Rowley's Red Barn

Location: Rowley's Red Barn

Dates: August 26 - September 30

Rowley's Red Barn Fall Festival and Corn Maze

Presented By: Rowley's Red Barn Dates: September 23 - October 29

Location: Rowley's Red Barn

NEPHI

Juab County Fair 2022

Presented By: Juab County Dates: 8/6/2022 - 8/13/2022

Location: Juab County Fairgrounds Time: 9:00 AM, See website for daily

schedule of events

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Email us at chris@servedaily.com

Payson Golden Onion Days

Organizers Invite Community to 'Discover the Possibilities' During Annual Festival Celebrating Unique Heritage of Payson

By John Chase

More than a generation ago a celebration began in a small central Utah town: The Payson Golden Onion Days. Sixteen settlers from three families established Payson Oct. 20, 1850. Seventy-nine years later Payson began Onion Days with more than 3,998 citizens. Today the former settlement has grown to more than 21,101 and the festival continues.

Flower and Art Show was added to The Payson Golden Onion Days.

those days people dressed up to go downtown. Men would wear coats and ties while women fix their hair, wear dresses, and white

Remnants from those days still exist as many women will dress up 50s style to par-

This year's theme is "Discover the Possibilities." Look Seventy years ago, the for crystal vases that are donated by families of frequent past participants. There may also be some surprises for those attending – you'll have to go to see what they may

The Flower show has three divisions: 1) Horticulture, 2) Artistic, and 3) Junior. The Art Show has six categories: Elementary Youth Artist, Junior Youth Artist, Senior Youth Artist, Adult Amateur Artist, Photography, and Professional Exhibit. Each category has several divisions.

The public can see the entries for the Flower and Art Show at the Peteeneet Museum on Sept. 4th from 2 p.m. to 6 p.m. and Sept. 5 from 12:30 p.m. to 5:30 p.m.

Entry forms and flyers with divisions and rules may be obtained at the city offices, Payson Library, Peteeneet Museum, and at paysonutah.org.

Art entries are accepted Sept. 3 from 5 p.m. – 7 p.m. Flower shower entries are accepted Sept. 4 from 7 a.m. to 11 a.m. Judging will take place from 11 a.m - 2 p.m.

While competitors have tried to enter flowers obtained from florists in the past entrants should remember that this is an amateur competition.

Additional questions may be answered, and registration information can be had by calling Alice at 801-465-5200, extension 5142 at the city offices. (Chase is a Serve Daily contributor.)

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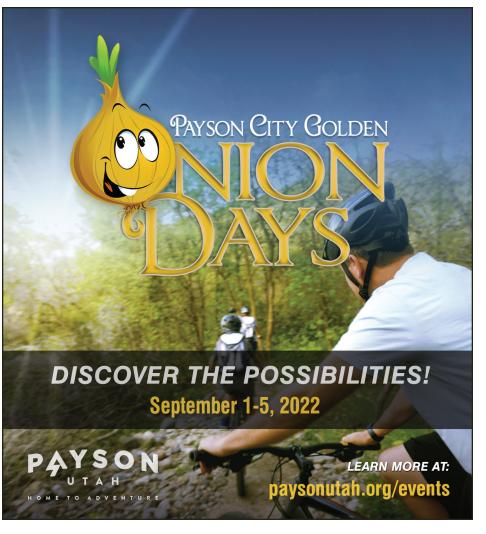
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"Small acts, when multiplied by millions of people, can transform the world."

- Howard Zinn

Matilda

Payson Community Theater presents beloved musical

By John Chase

The Payson Community Theater is presenting "Matilda the Musical." The excitement amongst the cast and crew is obvious at the daily three-hour rehearsals.

Every person will have volunteered more than 120 hours for rehearsals by opening night.

For each member of the cast and crew many hours outside of rehearsals will have been dedicated to polish individual performances. Perhaps it is an act of love for the theater and those who will witness the spectagle.

It began in May with auditions. Matilda the lead and one of the most sought-after parts would go to a young woman chosen from 10 who auditioned. Lecksa Joel was called back and ultimately won the part for her ability to sing, dance, and deliver emotions that will draw the audience into the performance. Lecksa is a veteran of a 2021 summer Payson Community Theater production which was her first performance. Her whole family is excited to support their twelve-year-old.

At Payson Community Theater "We provide an empowering family theatre experience that involves and elevates our community through a long-lasting tradition of creating meaningful memories and uplifting theatrical opportunities." Chase Grant, the director, was educated in the United Kingdom at the University of Exeter where his emphasis was in staging Shakespeare.

He diligently works with his cast bringing out their full range of emotions, so the audience is drawn into and participates in the performance. Chase had the opportunity to work in residency at Shakespeare's Globe Theatre in London. Chase consistently directs and performs in productions throughout Utah Valley and in the UK.

Harry Wormwood will be performed by veteran Kye Tanner who is reprising the role from last year's performance in Alpine. Mrs. Trunchbull is brought to life by Emma Black who grew up in Payson. She is also the choreographer. Her parents met while playing on the Payson stage. Performing the parts of Mr. Trunchbull and Miss Honey are the husband-and-wife team of Ethan and Katelynn Blair.

As always there are many people that the audience will never see. Some work behind the scenes to bring lighting, props, and backgrounds to life supporting the experience. Then there are those who, for months, have lived without their loved ones because they spend every weeknight in rehearsal.

Matilda was published in



Photo by Miranda Mobi

Mr. Trunchbull is played by Ethan Blair, Matilda is played by Lecksa Joel, and Miss Honey is played by Katelynn Blair.

1988 and written by veteran author and World War II British fighter pilot Roald Dahl who was once married to Patricia Neal. You may remember him from Charlie and the Chocolate Factor that was published in 1972 and made into a movie twice, once in 1972 with Gene Wilder and again in 2005 with Johnny Depp. Matilda was directed by Danny Devito in 1996 to a

lukewarm box office. In the 1990s Matilda was produced for theaters as a musical in the United Kingdom. The second version "Matilda the Musical" played on Broadway in 2013. This is the play that will be performed in Payson.

Opening night Aug. 25. The Payson High School Theater seats about 900 individuals. Tickets began selling July 25; \$12 for general admission, \$10 for children and seniors, and group passes for six at \$60. The performance will run two weeks Thursday through Saturday then Monday at 7:30 p.m. The final show on Labor Day, Sept. 5 will begin at 3:00 p.m.

More information and tickets may be found here: paysoncommunitytheatre. com. (Chase is a Serve Daily contributor.)

SERVE DAILY AUGUST 2022

Little Warriors

Annual camp provides comfort, fun and games for children of military members who perished in service

By **Ed Helmick**

I am reminded of the military motto "We don't leave anyone behind" when I see the Elk's Lodge of Utah annual gathering of young boys and girls, who are the children of military who perished in service to our country.

The event is called "Little Warriors Camp" and the surviving family member is also invited to the weekend treat.

It is a weekend of lots of great food, fun and games, and comforting relationships as all are from similar situations. It is paid by donations from the Elk's Lodge of Utah and many others who appreciate the intent of the program, including the amazing volunteer staff who return every year to make this summer camp a success.

This year was the best attended ever, 110 youngsters and 50 parents registered for the event. This is supported by 40 staff volunteers whose reward is the joy on little faces and the comfort it brings to the attending family member. It Is such a pleasure to witness the good before your eyes,

It is easy to understand why the surviving parent and children comeback year after year.

Good people who want to serve others.

The summer camp experience is held at Camp Wapiti, a 50-acre mountain retreat operated by the Utah Elk. it is located up Settlement Canyon, above the town of Tooele, Utah. The facility includes numerous cabins that can accommodate as many as 12 people each. The dining hall that can



Photo by Ed Helmick

This year's Little Warriors Camp was the best ever attended ever, with 110 youngsters and 50 parents registered for the event.

seat 250 people.

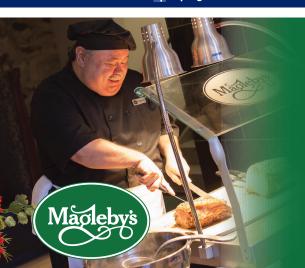
There are other buildings for different purposes, plus a large swimming pool. And let's not forget the popular Zip Line attraction.

The National Guard brings to the camp the always popular climbing wall. There is a soccer field set up with a soccer award one evening. A new game was introduced this year, Laser tag, a great nighttime event.

The Utah Division of Natural Resources brought bow and arrow target practice. The arts and crafts building was busy with a variety of projects throughout the day. And of course, in the heat of the afternoon the swimming pool was a desirable place to hang out.

We must not forget the three meals which aways brought smiling faces.





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World Folkfest Brings International Cultures to Springville

By **Julia DeLeeuw**

The World Folkfest is a beloved annual tradition that brings international cultures, people, and intangible heritages to the families of Utah since 1986.

The festival took place July 27 through July 30 at the Arts Park in Springville.

World Folkfest is a party for Utah families on a global scale! It also holds the incredible responsibility of membership with the United Nations Department of Education, Scientific, and Cultural Organization to promote and preserve the world's heritages and histories.

Well known internationally, this small Utah community festival is a feather in many folk ensembles' hats, as one of the most treasured stages they wish to perform on.

Honored by the Scera in 2022 with the Advocate of the Arts Star Award, World Folkfest is a strong supporter in Utah for the use of the arts to build a more globally minded community, through the languages that transcend all dialects, music, and dance.

A non-profit Utah event, World Folkfest relies solely on generation donations, partnerships, sponsorships, and the local community members and leaders.

Local host families provide the largest contribution, providing the heartbeat of this festival. The purpose of the host family is to create a circle of cultural exchange through building meaningful bonds that last a lifetime.

Host families are a unique opportunity that World Folkfest provides to international participants, an opportunity that few festivals worldwide are able to offer.

This festival sees and recognizes that the families of Utah have a great hunger for the arts, for diversity acceptance, and for leading the way to create a more peaceful world through family-oriented activities.

Utahns also know

that the best way to gain a better understanding is through experiencing with their children firsthand what world peace looks and feels like by attending this incredible family event.

It is only because of the supportive host family community, and local governmental leaderships that stepped up and stepped in this year to support World Folkfest, that it was able to return from post covid shutdown. There is a reason why Springville was voted the nicest city in Utah by Readers Digest in 2019 due to the fact that Springville has chosen to be the long-standing host city of The World Folkfest.

Hundreds of folk festivals worldwide shut their doors forever due to the world's pandemic in 2020, but thankfully World Folkfest has been blessed with the incredible Utah hospitality spirit so this beloved tradition could return to record-breaking attendance in 2022.

World Folkfest is proud to bring the



Courtesy photo

world to Utah and provide the stage for global storytellers to share their heritages. The stories found in folk dance and music are passed down in the solitude of small villages around the backyard fires, the lullabies sung to babies; they are the history that cannot be found in books but can only be taught through these dances and music created by the ancestors who lived before.

World Folkfest is proud to provide the

stage to these storytellers, these history makers, these precious memories that must not be lost to time nor whole cultures erased due to war.

As one of the largest and longest-running, international folk festivals in the western United States, World Folkfest is Utah's only international folk festival in good standing to be recognized and associated with the Counsel International Organization of

Folk Festivals, a proud member of the United Nations Department of UNESCO.

This festival provides the families of Utah and surrounding states the opportunity to travel the world in one night, and it provides the state of Utah the incredible chance to shine on the global stage, as they welcome hundreds of international participants and travelers to join together as one world on one Utah stage.



SERVE DAILY AUGUST 2022

Life on the Farm

The Rowley Family Faces Long Days and Short Nights to Grow a Dream Together

By James L. Davis

ometimes, the best way to keep your dreams alive is by dreaming even big-

Such may be the case for the Rowley family of Santaquin, owners of Rowley's South Ridge Farms.

Phil and Shirley Rowley started the farm in 1984 with their eight sons, and through the years the farm has grown not only in size, but into new avenues and offerings, all with one goal

Rowley's Red Barn opened in 1999.

in mind, maintaining the farm for future generations.

In 1999 Rowley's Red Barn opened to the public, offering fresh fruit, old-fashioned ice cream and opportunities for the public to pick their own fruit.

Today, five of the Rowley brothers divide the duties for the day-to-day management of the farm, which can be varied and challenging.

Four million family farms disappeared across the United States between 1948 and 2015, and while the



Courtesy photo



Photo by James L. Davis

Todd and Jace Rowley and their brothers and family share the responsibilities of running Rowley's South Ridge Farms and the Red Barn in Santaquin to grow the family business and keep a way of life thriving for generations to come.

Rowley's currently farm 900 acres, the family developed a strategy of vertical integration for managing the farm and supporting businesses to ensure their farm's continued success, according to Todd Rowley.

The farm is the keystone, locking everything in place and supporting the other businesses, while the other businesses hold up the key-

"Our heart is in farming," said Todd Rowley. "We do all the other businesses to support the farm."

That strategy not only included the building of Rowley's Red Barn, but other ventures as well. When the Red Barn was built, Jace Rowley said they knew they needed to be able to keep it open year-round to make the payments, so when Jerry's Dairy in Salem closed they purchased the equipment and opened the ice cream parlor Country Spoon. They also constructed a cider mill and a chocolate panning facility where they coat the fruit they grow on the farm. For visitors to the farm, they have a corn maze, zip line and host a variety of other events on the "Back Forty." They opened another Rowley's Red Barn in 2013 in Southern Utah.

They use the same diversification strategy for the farm, where they raise apples, peaches, tart cherries, alfalfa, 25 different varieties of sunflowers, and more. If one harvest has a bad year, the others make up the difference.

Managing such a big operation, especially as a family business, would seem not only stressful but straining on family relations, but not for the Rowley family.

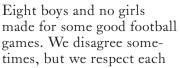
"We've been lucky," said Jace Rowley. "It is a tribute to our folks because they raised us to be buddies first.



Photo by James L. Davis

The Rowley children are trained to start running the farm equipment when they turn 12.







other and love each other."

Shortly after 7 a.m. on a Monday morning, brothers Todd and Jace Rowley ride together in an all-terrain vehicle through the farm. It is harvest season for the tart cherries, and the workers are hard at it, many of them members of their family.

Rowley's South Ridge Farms employs 50 people full-time and 50 seasonally, many of them family.

Stopping where vats of cherries are washed and sorted, a young man expertly driving a John Deere tractor brings in the latest vat from the orchard, drops it off and heads back out for



another, and Jace Rowley smiles.

"We start teaching our children how to run the equipment when they turn 12," he said.

In the orchard, more of the Rowley boys' children run the cherry shakers that collect the cherries. Those left on the trees after the

shaking is done are "left for the birds," Jace said.

An hour before the Red Barn opens, employees are getting things ready for the public, and Todd Rowley stands out front and stares out at the farm their family has built together.

"All of this could go away. It's the farm that matters,"



Photos by James L. Davis

Todd said. "My dad always said, 'we're not raising crops, we're raising kids.' The older I get, the more I see that is the case. We hope to continue it."

While the farm might be the keystone for Rowley's South Ridge Farms, the family is the mortar. (Davis is editor of Serve Daily.)



Courtesy photo

Red Barn Events

Upcoming Events at Rowley's Red Barn

The Sunflower festival starts on Aug. 13 and runs through the first weekend of September.

Harvest Festival or Pick-Your-Own starts the first weekend of September and runs through the end of September.

Fall festival with the corn maze and farm fun activities starts on Sept. 23 and runs through Oct. 29.

More information can be found at rowleysredbarn.com or its social media pages @rowleysredbarn.com

SERVE DAILY AUGUST 2022

Friends

of the

Library

Friends of the Springville Library use passion to fuel volunteer efforts

By Josh Martinez

The Springville Library knows what it's like to have good friends.

Friends of the Library is a volunteer organization that aims to provide assistance through fundraising and other means to the Springville Library. This group features a host of unpaid volunteers who have a passion for the library.

Terry Smith is the president of the Friends of the Library group and has been involved with the group for over a decade. He is a retired educator from California who fell in love

Continued on Page 11.



Photo by Josh Martinez

A statue of a young girl reading sits outside the Springville Library.

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with the city upon moving to it.

This led him to find a way to give back to the place he fell in love with after moving. Smith said the whole experience has been rewarding.

The efforts are not lost on the library itself. Library Director Dan Mickelson said the group has been "instrumental in supporting library needs through fundraising and volunteers."

"I'm very grateful and impressed that people are willing to help by giving of their time and energy to better the community," he said. "All who visit, whether volunteer or library patron, help make the library a great destination for all those in the area."

Smith said the Friends of the Library group started about 12 years ago when the current facility was still under construction. The Springville Library, in its current form, opened in 2011, having moved across Main Street from a smaller facility.

The purpose of the group's formation was to bolster library funding along with city funds directed at the facility.

Smith said since the new library opened, there's been a core group of about 50 or more people who stay involved in supporting the library.

The group's main efforts, Smith said, go into annual book sales, which typically are held on the second floor of the library.

In the past, the group has hosted book sales during Art City Days as well as in November around Veterans Day. This year, however, Smith



said the group will add an additional book sale in September aimed at teachers as there will only be children and young adult books on sale.

The group sells books at a heavily discounted price, allowing customers to buy more, if desired. The money raised from these book sales goes to support extra programs and expenses outside of the library's budget.

While raising money is a key part of the Friends' efforts, Smith said there have been rewarding side benefits that have led him to wanting to stay involved.

"It's such a pleasure to be at those book sales and to see kids counting out their quarters, and their dimes, and their nickels to pay for their own books," he said.

"There's nothing quite like it as an educator, as a parent to see the love of reading come to life in a newer generation."

The group is involved throughout the year as well. At the front of the library, there are constantly books put on sale. Friends of the Library facilitates this effort. Furthermore, whenever the library hosts a program that needs volunteer assistance to serve as chaperones or event staff, the group provides support when it can.

That's not to say volunteering is all easy, despite the amount of passion group members have for the library,. Smith said there are some instances that are stressful, such as taking inventory of recently donated books.

Still, Smith said it's worth it because he, and others in the group, care deeply about the library.

"We have such an amazing facility," he said. "Dan Mickelson, the library director, is just amazing and his staff that work with him, they do phenomenal things."

As far as the group itself, Smith said there are many who are retired educators, but members have a diverse array of backgrounds. He said many serve on other city committees or serve in various religious responsibilities.

Despite the plethora of responsibilities, Smith said they still have a passion for the library.

"Somehow they come and they're there and they help," he said. "We sit and laugh and talk when there's time."

Friends of the Library is not only unique to Springville. There is a similar group in Payson that functions much the same way, supporting fundraisers and providing volunteers.

In Springville, there are always opportunities to join the Friends of the Library group. The city's website states members have an outlet to give back to their community, but they also can have a say in which library programs to supplement each year.

Smith said Mickelson and his staff make it a joy to volunteer because of how committed they are to the library and its programs.

"They're always thinking in a new direction and moving forward and including us in ways we can support them," he said.

"I think that team effort is one of the reasons the library is, year after year, one of the best in Utah." (Martinez is a Serve Daily contributor.)



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SERVE DAILY AUGUST 2022 11

The Force is with this Show

By Kelly Martinez

The path to Disney Plus's "Obi-Wan Kenobi," a sixpart series that attempts to fill part of the gap between "Star Wars: Episode III Revenge of the Sith" and "Episode IV: A New Hope," started way back in "Episode I: The Phantom Menace," with several detours along the way.

Speaking of paths, "Kenobi" also attempts to fill viewers in on how Anakin Skywalker's path to the Dark Side evolved following his near death at the end of Episode III and in various appearances in the animated series "Rebels."

There are many dots to connect between the gaps of

the Jedi Knight's life in exile on the desert planet of Tatooine. How well "Kenobi" does with the dot connecting depends on your point of view.

Many die-hard Star Wars fans love the show, while others have labeled its efforts as out of sync with what the movies, graphic novels, and animated series have revealed.

That said, unless you're well-versed in Star Wars canon and lore, the supposed inconsistencies between the various points of Obi-Wan's life won't be much of – if at all – a distraction.

Following Disney's purchase of the Star Wars franchise in 2012, "Episode VII: The Force Awakens"



hit the big screen in 2015 and moviegoers packed cinemas to watch the continuing saga. Afterwards, Disney announced there would be a spinoff movie that told the story of Obi-Wan Kenobi as part of the studio's intent to explore other parts of the Star Wars universe. "Rogue One" (2016) and "Solo" (2018) were the only films to come to fruition from

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12 AUGUST 2022

'Stranger Things' loses its way in Season 4

By Kelly Martinez

One of the most appealing things about the Netflix series, "Stranger Things," is its nostalgic approach to telling a story set in the early-to-mid 1980s. The creators of the show, Matt and Ross Duffer (credited as The Duffer Brothers at the start of each episode), captured the essence of 1983, 1984, and 1985 in Seasons 1 through 3 of the series. The teenage angst, poofy hairdos, catchy music – they were all there and big parts of what drew viewers into the show.

However, for some

reason, the show changed gears in Season 4, which dropped on Netflix in late May. The new season is set in 1986 - or is that 1987? It's hard to tell without the time-appropriate pop-culture references that were so ubiquitous in the first three seasons.

At the start of the series in 2016, the main character, Eleven (affectionately called "El" by her friends), was a 12-year-old girl, so her predicament as a supernatural-wielding kid trying to figure things out was endearing and believable – as believable as supernatural

powers can be, at least. As is the case with child actors, however, the actress who portrayed her, Millie Bobby Brown, grew up. Now, the little girl has become a woman. but is still grappling with childhood issues. Some might say this is true to life as many people struggle with childhood issues well into adulthood, but in the case of the current season of the show, it doesn't work.

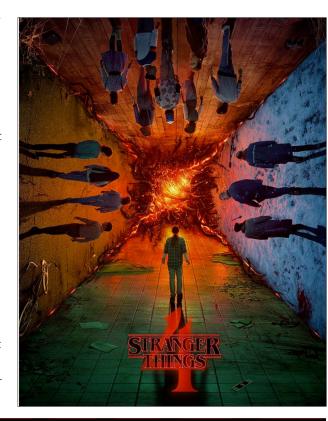
Not only has "Stranger Things" lost its nostalgic appeal in this latest season, so have the characters who, in the first three seasons,

were lovable in spite of their flaws. In the latest season, those same characters' lovableness has worn off and turned into annoying

That said, let's look at the overarching story of "Stranger Things."

In a nutshell: an evil creature/person lives underground and wreaks havoc on the city of Hawkins. In each of the previous seasons, it seemed as if the good guys defeated this creature, but it kept coming back for more in the subsequent seasons. Such is the







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Kenobi From Page 12.

this camp before Disney scrapped all spinoff movies due to the poor box office for "Solo." Eventually, Obi-Wan's spinoff movie transformed into a TV series, which Disney released on May 27.

Enough background. Let's get on with the content.

"Obi-Wan Kenobi" starts with an introduction to the solitary life Kenobi is living on Tatooine, while keeping an eye on 10-year-old Luke Skywalker from a distance as the boy is in the custody of his aunt and uncle.

If you thought, in Episode IV, that Kenobi was a

stranger to Luke when they first met, think again. The TV series puts that notion on its ear.

Furthermore, "Kenobi" also dispels the belief that Princess Leia Organa was a stranger to the exiled Jedi Knight when their paths crossed in Episode IV. This displeases some Star Wars loyalists, but not this one. These connections merely put the events of Episode IV into a new perspective, which is in line with what we know from the movies and animated series.

Early on in "Kenobi," Obi-Wan reluctantly involves

himself in a mission to rescue the kidnapped 10-yearold Princess Leia, portrayed by Vivien Lyra Blair, who is this series' fan-favorite equivalent to Baby Yoda of "The Mandalorian."

Eventually, Kenobi gets on board with the mission and soon his Jedi powers go from rusty to functioning on all cylinders as the action truly begins.

The rescue mission occupies the bulk of the show's episodes, which seem more like segments of a long movie.

That's not a bad thing. Ewan McGregor reprises his role as Obi-Wan Kenobi. which he played in Episodes I-III, and doesn't miss a beat.

Once disdained by the Star Wars fanbase, Hayden Christensen returns as Anakin Skywalker/Darth Vader, while the same fanbase seems to have embraced him now...

"Obi-Wan Kenobi" delivers a lot of what makes Star Wars loved by so many. Lightsaber fights? Check! Jedi action? Check! Personable droids? Check! Exciting laser fights? Check! Mystery and intrigue? Check!

While there might be holes in the story, they're not glaringly present in the show, so sit back and enjoy that at least some effort is being put into letting us know what Kenobi was up to for those 18 years between Episodes III and IV.

Nothing official has been announced about a second season of "Obi-Wan Kenobi," but it's likely just a matter of time.

All six episodes of the show are currently streaming on Disney Plus.

Rating: 4 out of 5 stars (Martinez is a Serve Daily contributor.)

Stranger Things

case for Season 4, but, really, who cares at this point? There was

nothing new or fresh about the story, just a tired retread of Seasons 1 through 3 without the nostalgia that

From Page 13.

worked so well.

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Not even accomplished actors Paul Reiser and Matthew Modine could keep this season of "Stranger Things" from falling flat on its face.

Further evidence of the show's demise was the length of the season's episodes. Several of them ran for motion-picture lengths of time and contained

a lot of "spin-yourwheels" screen time. What's that? It's when it's evident the writers and directors weren't sure how to move the story along or get it back on track.

As a whole, "Stranger Things" is a decent show.

Its best days were in the first three seasons and its fourth season is one to forget. Netflix has enough faith in the show, though.

It's been renewed for a fifth season. Heaven help us.

Season 4 rating: 2 out of 5 stars Seasons 1-3 rating: 4 out of 5 stars

Overall series rating: 3 out of 5 stars (Martinez is a Serve Daily contributor.)

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Team Chaos win Nebo Championship in Fast Pitch Softball

By Rhonda Jensen Mitchell

Yep, that's right! The Spanish Fork Chaos Softball team, in the last three years lost three games, including tournaments and are the CHAOS Nebo Champions for 2021/2022.

Hit, Run, Score, We want more!

Sneaky feet aggressiveness was key and is contagious. When the girls are hitting the ball everybody wants to hit. Everybody wants to score.

We've volunteered as coaches to these girls, and some we have coached almost 13 years. It's more than a game, we've built a family tradition around it.

These girls have become close friends and our parents', grandparents and great grandparents are also very close friends.

When softball ends we have each other the memories and the family unity. Team chaos brings us out and away from the crazy busy world and into the dugout and the bleachers with French fries', hamburgers and a great game of softball to look forward to every week. This has been our summer for the last 13 years.

We will truly miss the girls

we've coached since grade school.

We enjoyed watching them grow and face their fears of stealing or sliding and then becoming one of the best steelers on the team. Girls are always working to be better. There's a group of team leaders on this team who play with style and class sportsmanship and especially have great work ethics. I have seen most of these girls complete high school with high honors.

A few things the team learned.

Number one, never ever give up. Just because you're behind in the last inning doesn't mean you have lost the game. We had a game we were zero in the last inning, and we came around and beat the team in one inning.

Number two, play hard and have fun. You enjoy playing when you know with confidence that you have practiced the best you can and worked as hard as you can to become a better player.

You have confidence and you build confidence.

Number three, work ethic learned on the field. I've never coached so much talent on one team. It's sad to see these girls be done

playing together. I just want to recognize these girls for their accomplishments and efforts and sticking together on and off the field and especially having class as citizens in the community.

I'm grateful for the opportunity to have been able to coach these select girls. I'm grateful for how our our tradition.

I want to especially thank my dad, Chris Jensen, who not only coached me in my youth and worked with me in all sports, taking time out after work to just throw or practice but to instill the passion he has for athletics into my life, so I can pass it down to the girls in the together. Tesa Jensen, my daughter, played pitcher, she will be attending Snow College this fall. MaKayla Measom first baseman, is attending Snow College this fall. Myriah Ferre, catcher, is attending Westminster College this fall. Madeline Oliver, short stop, is attending UVU this fall. Dezi



Courtesy photo

community can be united at the ballpark and off the field forever.

These families had something to look forward to each week this has become community.

I also want to recognize the seniors on my team who are moving on in their lives. Some of these girls have played most of their lives Wyman, third baseman, is attending construction management this fall, Carley Johnson, preschool teacher, and Kiara Ferre, catcher. (Serve Daily submission.)





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Are you too Busy to Exercise?

By **Amy Ellis**

Are You Too Busy to Exercise?

Turn your body into a perpetual motion Machine. The NEAT (Non-Exercise Activity Thermogenesis) System is one way to do that. The best part about NEAT is that it can be integrated into your everyday tasks. By being intentional with the NEAT System, you can burn extra calories without an intense workout or making major changes to your lifestyle.

Here are the six NEAT categories matched with the corresponding micro habit, including a tip to help you understand ways you can increase your daily healthy motion:

Stance. Practice NEAT while you're sitting. For example, while sitting in an upright chair that supports your posture, flex your stomach muscles, and take deep breaths microHabit: Focus on the core position an extra 10-minutes per day.

Standing. Get out of your chair as much as possible. Instead of sitting for hours, try to stand when you talk on the phone or try a standing desk when you are working on your laptop. microHabit: Add 10 additional minutes of standing per day.

Strolling (Walking). Take standing one step further and walk whenever possible. Park your car farther away from the store to add some extra steps to your daily count. microHabit: Add 100 additional steps per week.

Stairs. Climbing one flight of stairs is equivalent to walking 100 steps so instead of taking the elevator, use the stairs to burn quick calories! microHabit: Add one additional flight of stairs per week.

Samba (Dance). Turn on the music and start moving! Music boosts both physical and mental performance. Tapping your foot, nodding to the beat, or even singing will elevate your heartbeat. You can also try a Zumba class if you want an extra chal-



File photo

lenge. microHabit: Listen to 10 additional minutes of music per day; work up to an hour or more of dance per week.

Switch. To switch means to do things by hand instead of using a machine. For example, instead of loading all the dishes in the dishwasher after dinner, take time to wash them by hand. microHabit: Add one or two substituted manual tasks per day.

These six categories cover the full range of muscle energy expenditure in your everyday life.

By making these small daily choices, you can reach your physical goals and set the stage for exercising at your own pace! Remember, habits are built over time and do not happen overnight. Simply using one of these tips each day of the week and working your way up will still have an impact. (Ellis is a certified Independent Optavia Health Coach.)







The Dog is Cute and Other Lies

By James L. Davis

We have an ugly dog at our house. At one time we had an UGLY dog at our house and when I say ugly I mean ugly in all capital letters, maybe with a few exclamation marks thrown in for good measure. But now she is just ugly. Her name is Sadie.

For most of my family Sadie has

spanned the known realm of Ugly and emerged in the realm of Cute, which is what I guess happens when you are ugly enough, you become cute. But for me Sadie is still



ugly, but in an endearing way.

Sadie is a 15-year-old pug and for those wondering if pugs grow cuter as they grow older, the answer is no, they do not. Ugly dogs I believe compensate for their ugliness by having great personalities and that is one reason why I have grown to love Sadie, because she has a truly great personality.

I didn't always think so. Sadie is my wife's dog and when my wife and I were dating I was convinced that there was something wrong with my wife because she continually referred to Sadie as cute.

I didn't argue with my wife at the time because she was not yet my wife and I wanted to continue dating her, so I let her live in her little fantasy world, believing that Sadie was cute.

The first time I met Sadie was when my future wife invited me over to dinner for the very first time. My future wife went to the kitchen to finish dinner and she told me to have a seat on the couch, which I did, trying to impress her

with my obedience. While I sat on the couch I tried to figure out how to sit on a couch in a manly, ruggedly handsome way. It should be noted that it is impossible to sit in a ruggedly handsome way on a couch. To sit in a ruggedly handsome way you must sit on a chair, preferably a wooden chair with splinters. But since there was no wooden chair with splinters in the room I tried to sit on the couch in as manly a fashion as possible, which meant leaning forward with my hands clasped in front of me and a deep, contemplative look on my face. My future son soon walked in the room and asked me if I needed to go to the restroom, so I stopped trying to look contemplative and settled for a blank stare.

About this time Sadie waddled over to where I was sitting, sniffed my leg once and plopped down on top of my feet to take a little nap. I reached down to give her a pet and my hand became lost in the folds of her skin. Sadie looked up at me with two huge goldfish eyes, snorted much like a pig, only louder, and smiled at me, which created more folds of skin all the way down her body for my hand to become lost within. I stopped petting Sadie, sat back on the couch and Sadie settled in for her nap.

About five minutes into her nap Sadie began to snore. It was a long, drawn-out snore that drowned out the television and was in the melody of Twinkle, Twinkle Little Star. I tried to hum along but couldn't keep rhythm.

At this point I began to wonder exactly what my future wife saw in pugs that made her want to not only own one but allow one to live in her house And that was when the smell first hit me.

Although I lived most of my youth



File phot

in the city, I have spent my share of time on the farm, and I am used to animal smells. This was worse than any of the smells I had smelled before. My dad used to take care of maintenance for a small town, and I helped him with a lot of sewer line repairs.

This was worse than those smells as well. About the time the first wave of gaseousness passed Sadie let loose with another and the thing that immediately came to my mind was that there are quite a few jokes about someone trying to pass his own gas off on the family dog. I realized with horror that I was now living the punch line to one of those jokes.

About that time my future wife came into the room, waved her arms in the air and laughed.

"Sorry," she said. "Sadie has gas."
She took the old girl by the collar and led her out of the room, saying "isn't she cute?" to me as she went, and I said why of course she is because I wanted to date my future wife again and was therefore prepared to lie about her dog if I had to

My future wife became my wife, and her dog became my dog as well. They say that dog owners start to resemble their pets, or vice versa, which has resulted in some careful self-inspection. For instance, I check the mirror more often to see how many folds of skin develop across my face and down my body when I smile, and I always carry Gas-X with me.

Just in case. (Davis is editor of Serve Daily.)

Sometimes, to keep on keeping on is the right answer.

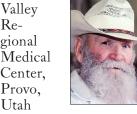
SERVE DAILY AUGUST 2022

Tributes

Eugene "Gene" Golden Jackman

Eugene "Gene" Golden Jackman, Orem, Utah, passed away peacefully and surrounded by his loving

family at Utah Valley Regional Medical Center, Provo.



on July 26th, 2022, from congestive heart failure. He was 88 years old.

Gene was born on Jan. 3, 1934, in The LDS Hospital, Salt Lake City, to Golden Leon Jackman and Teton Mattie Hanks Jackman.

He is the middle son of six children, Elden, Nolan, LeGrand, Flora, and Alona.

He is a member of The Church of Jesus Christ of Latter-day Saints and was active in Boy Scouts.

As a young boy, he lived with his family in Widstoe, Utah, lived in and went to school in Salem, Mapleton, and Provo, Utah. In Salem, they lived by Salem Pond, where his dad took him fishing, a lot. He helped his dad with renting boats at the pond. His family lived in Provo in a home

where The Marriott Center now stands. They raised over 100 rabbits and sold the rabbit pelts.

He attended Provo High School and Lincoln High School in Orem.

He graduated from Lincoln High School Class of 1954.

His dad taught him first aid at a young age. He used these survival skills to preserve lives. He became a volunteer firefighter for Provo City. He fought fires alongside his father. His mother taught him natural remedies and a healthy lifestyle.

On Aug. 20, 1954, he married Zola Dickey

in Orem, Utah. In that same year, he began working for the Geneva Steel Plant, in Vinevard, Utah. His dad helped build Geneva in 1944, during World War II. Gene worked in the blast furnace and rolling mills. He worked for his Uncle Darwin Jackman as a Yellow Cab Driver in Provo. He furthered his education at the Vocational School in Provo.

Gene and Zola had three children. Norene. Tina, and Bret. They were later divorced.

Gene married the love of his life, Helen Adell Peterson on May 7, 1966 in Orem. They

had John and Adam.

As a hard and dedicated worker, Gene continued to work at Geneva Steel, until they closed in 2001. He retired after 32 years of service. He assisted with the demolition of the Geneva Steel Plant.

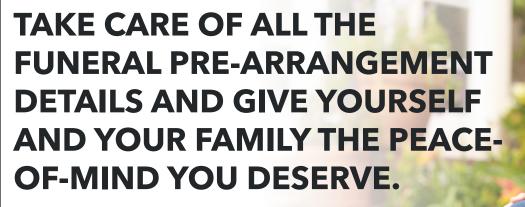
He worked for the Labor Union. He worked for Chevron Oil Refinery in Bountiful for 10 years. He became HAZMAT Certified, assisting with the safety of workers and extinguishing fires.

He went to work for UDOT on the Front-Runner Project. He was point of contact at the tracks for Union Pacific Railroad and

Utah Transit Authoritv. He retired when the Provo Front-Runner Station was completed on Dec. 10, 2012, just before his 80th birthday.

He was recognized by Provo Fire Captain Sam Armstrong and Utah Valley Wound Care and Hyperbarics in Provo for his participation as a patient and former firefighter.

Together, with his wife, Helen, they loved supporting their family in academic and religious achievements, plays, concerts, sports, and recreational events. They were well-known and loved as the grandpa and grandma who





After working with Spring Creek Utah Mortuary, we feel that Steve may be one of the kindest humans on the planet. He is thoughtful and both present when we needed and respectful of our space. He accommodated our every wish for a meaningful service. The space is lovely and peaceful. \sim Laura P.

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would cheer on the teams. Gene 'always' cheered on both teams.

All of his life, he has been an explorer. In true Pioneer Spirit, he loved to take his family exploring caves, ghost towns, hunting, fishing, boating, enjoying beautiful nature, rock hounding, race cars, motorcycling/ATV riding, camping, water, mud, and snow sports, and building campfires, family dinners and reunions, going dancing, roller skating, John Wayne and other cowboy movies, old trains, and 'livin' the cowboy way'.

He encouraged us all to build strong families by going out at night and building a fire together.

His favorite meal was homemade bread and milk with honey. He loves Lemon Meringue Pie and his mother's homemade ice cream.

The best place to find him and Helen and the family would be camping at Little Moab - Third Rock from the Sun, or Levan, or at the SCERA Theater and outdoor concerts.

Gene says, "I've hiked all of these mountains in Utah Valley, clear to the top". As a wise old white-bearded prospector, he knew where the gold was. With a twinkle in his eyes, he would say, "The Treasure is in the Search!"

You may have been a recipient of a surprise load of firewood that he had cut, chopped, loaded, and hauled to your front porch.

He has a pleasing personality and a zest for life. If he knew a boy was troubled, he would give him a har-

monica. If there was a celebration or just cuz he liked you, he would give you a pocket knife, even if it was his very own.

He would get up every morning about 7:00 am so he could wave and say, "Hi!" to the joggers and those who walked past their home, with Kia being his side-kick Border Collie by his side.

He often quoted William Butler Yeats, "There are no strangers; only friends you haven't met, yet".

About worry: "Remember, today is the tomorrow we worried about, yesterday." Dale Carnegie

His advice to all was, "Don't get old!" His view of life: "WOW!"

Gene is survived by his wife, Helen; sisters, Flora (Doug) Harrington, and Alona (Ed) Veatch. His 5 children: Norene Jackman (Chris) Jensen, Tina Jackman, Bret (Tiffani Ellison) Jackman, and Adam Jackman, 33 grandchildren, 40 great-grandchildren, and 2 greatgreat grandchildren.

He is preceded in death by his parents, his brothers Elden and his wife LaDawn (Tolman) Jackman, Nolan and his wife Carol (Bell) Jackman, LeGrand (Judy Parker) Jackman, his son, John Jackman and brother-in-law Ed (Alona) Veatch.

The Family wishes to thank the angels in Gene's life, including Utah Valley Regional Medical Center and Applegate Home Health and Hospice.

His funeral was be held on Aug. 6, 2022,

at the Sharon 5th Ward Church in Orem under the direction of Walker-Sanderson Mortuary.

Michael Allan Carpenter

Our beloved son, brother, uncle and friend Michael Allan Carpenter, 25, passed away doing what he loved on June 24, 2022 near Logan, Utah.

Michael was born in Sanford, Fla., to Tom and Sandy Carpen-



Carpenter but spent most of his childhood years in Spanish Fork. Growing up, Michael had a zest for life that couldn't be matched. He was forever off on one adventure or another. He thrived on being in the outdoors in any capacity he could, whether it was snowboarding or hiking and camping, he loved it all.

As a young adult, Michael joined the Air Force and was a member of the 151st Air Refueling Wing in the Utah Air National Guard and deployed in support of Operation Inherent Resolve. While attending Utah State University in Logan, Michael discovered a passion for flying. His plan was to become a commercial pilot and he was in the process of completing his last certification when he passed away.

He will be remembered for his generous and kind heart, his quick wit, and his love for life. Michael was loved and respected by all who knew him. Michael is survived by his parents, Tom and Sandy, his sisters, Kyrie (Brad) and Kori (Stefan), his brother, Kaleb, as well as three nieces, a nephew, and countless cousins. To leave condolences, go to www.legacyfunerals. com

Linda Joan Tams Miller June 21, 2022

Linda Joan Tams Miller was born July 31, 1940 in Brigham City, Utah. She grew up in Ogden, Utah. Graduated from Weber High School and Henag-

er School of Business. She married Steven Richard Miller Jan. 16,



1959, in Ogden. Sealed in Manti Temple 1962. Worked at Hill A.F. B. and U.S. Department of Agriculture. She worked at J.C.

She worked at J.C. Penney's for 29 years in Orem and loved her associations there. She is a faithful member of the Church of Jesus Christ of Latter-Day Saints. Having served in many positions throughout her life. She is the mother of 5 children and 25 grand-children.

In 2001 she was diagnosed with breast cancer. She was a cancer survivor who was so grateful each day for the gift of life. Linda raised her family in Orem. After their retirement Steve

and Linda moved to Payson, for several years, before ending up in Springville. She and Steve love spending time at their cabin above Heber. They also traveled together a lot all around the world. Much of her travels came as she was an active member of "Jean's Golden Girls" and thoroughly loved everyone there. She always said it is what kept her alive so long.

She was preceded in death by her husband. Survived by her five children Jeff (Jill) Miller, Jill (Dave) Johnson, Jodi (Todd) Marvell, Marci (Shaun) Nielson and Mindy Smith (Greg Fuerst).

Condolences can be offered at springcreek-mortuary@gmail.com.

Jenny Perkins
July 16, 2022
Jenny Alece Perkins

was born on February 6, 1977, in Provo to Ned and Janet Perkins. She was their only daughter but had three broth-

ers who lived under her direction their entire lives.



From the first moment she let them know that she was in charge in her family.

She had a strong personality, but it developed into an asset through her life. She was a champion of the underdog, always caring for someone who needed help, human or animal. Many strangers spent a night in our home as she helped

her until she could find an owner. She was eager to try new skills and tried on many hats; sports, singing, cooking. She later became an accomplished chef developing her own recipes. Later she started projects with her dad to improve our home. Her skills carried over into the yard, creating beautiful flower beds and prolific gardens. Her greatest love were her animals-she raised many Old English Bulldogs, and Schnauzer puppies. Recently she helped a mother cat and her babies to the dismay of the cats who didn't appreciate the dogs. She already had plans for the next pet.

them. Dogs and cats

were watched over by

Jenny had friends of all ages and if you were her friend it was for life. Two of her closest friendships were with Riley and Olivia-her nephew and niece. She had holiday activities that always developed around how they could participate.

Jenny practiced being a good member of her church and had a strong testimony. During family scripture study she was the reader and brought up questions for us to look up the answer for the next evening. She worked daily to draw closer to God. She looked forward to going through the Temple, & amp; was preparing herself for those blessings.

Jenny has struggled for the past few years with congestive heart failure, pulmonary hypertension and lymphedema. She has fought

a long battle the last couple of months and is now at peace.

We are grateful for the many nurses, doctors, techs, & amp; social workers who worked tirelessly to care for her needs.

Ienny is survived by her parents, her brothers, Reed (Heather) Perkins, Ryan (Natalie) Perkins, Brant Perkins, her nephew, Riley and niece Olivia.

Condolences can be offered at springcreekmortuary.com.

Beverly Gayle Peck Brunski

Beverly Gayle Peck Brunski, 86, died July 8, 2022, in Pleasant Grove, Utah of causes related to old age.

Bev was born on May

11, 1936, in Salt Lake City, to Thelma Lucile Davis and Rodney Peck,



the third child of

She spent most of her childhood in Salt Lake City, with a short stint in Pioche, Nev., and graduated from South High School in Salt Lake City in 1954. After high school, Bev attended both the University of Utah and Brigham Young University in 1961. Bev graduated with her Bachelor of Science Degree in Nursing from Brigham Young University. Throughout her life she worked at different hospitals in various states, including Utah, Nevada, Arizona and Colorado.

During Bev's nursing career were years of working in the burn unit, the psych unit, as a visiting nurse, and she finished her career in the well-baby nursery.

Bev married Raymond John Brunski on June 16, 1958, in Ely, Nev. Bev and Ray met on a blind date when Ray was stationed at Hill Air Force base in Utah. They had three children and raised their family in Utah, Nevada, Arizona and Colorado. Raymond died on June 9, 1996, just shy of their 38th wedding anniversary.

Bev was a member of the Church of Jesus Christ of Latter-Day Saints and served in various callings all her life. Since she moved around quite a bit in her early married life, it seemed that she was destined to teach Primary age boys forever. She must have had invisible ink on her forehead that said "Blazer" teacher that only bishops could read!

Bev also served as a Relief Society President, a librarian in several church buildings, and a missionary in the mission office of the Colorado Denver North Mission. In addition to church callings, she started Book Clubs as she was a voracious reader, was called to be a quilting chairman even though she had never quilted, but quickly learned, was incredibly compassionate and had shoulders that everyone could cry on. She sewed, knitted and crocheted for pleasure and various humanitarian projects and taught her daughters to do the same, gave great hugs, and traveled on her own after her husband died.

Bev is survived by her children: Rayanne Brunski Melick (Chuck) of Pleasant Grove, Utah, Becki Brunski of La Mesa, California, and Joseph Brunski of La Canada, California. Bev and Ray have three grandchildren: Crystal Dawn Melick (deceased), Charles Alvin Melick III (CAM) (Melanie) and Alyssa Dawn Melick Lloyd (McKay), seven (soon to be eight great grandchildren): Drew Madison Melick, Charles Alvin Melick IV, Spencer Ray Melick, Owen Jay Melick, Oaklie Dawn Lloyd, Raylie Kay Lloyd, and Hayzlie May Lloyd plus two honorary grandchildren: Joan Kubicek (Ben) and Anne Salo-

The Brunski/Melick/ Lloyd families would like to thank the wonderful caregivers at Alpine Valley Care Center in Pleasant Grove, Utah who took such great care of our Mom. They demonstrated Christlike love for Bev and for that we are truly grateful for their kindness and compassion.

To leave condolences, visit www.legacyfunerals.com

Bobbi Ainge In loving memory Aug. 2, 1955

June 6, 2022 On June 24 our dear mother passed away.

We are so thankful for

the time that we had

to be

able to share our lives. Mom was always so strong, worked full time to provide us with everything we needed and to keep a lovely home.

Mom always showed us love and was always there for us. We have so

many wonderful memories with our mom. The only comforting thought right now is that she is no longer in any pain. Thank you for everything mom.

You will forever be in our thoughts and in our hearts.

Your work here is done, rest in peace sweet angel.

Brady Johnson

Brady Ethan Johnson (36) of Santaquin lost his lifelong battle with cystic

fibrosis on June 24, 2022. He was born to Robert and Joann Johnson.



Brady is very cherished and loved by so many, especially by his wife Carmen. They spent 20 years loving each other.

Brady loved hunting, camping, four wheeling and fishing. He enjoyed it even more when he got to take his nephews and his nieces. Making those memories with family was a big thing that brought him joy.

He was always there with a helping hand for anyone that needed it. He loved all his family very much and cherished the special relationships he had with them and friends.

Brady you will always be loved and missed until we meet again.

The family would also like thank the staff, the nurses, the respiratory therapists and the pulmonologist's doctors especially Dr. Bishop and Dr. Pearce at Utah Valley Hospital for taking care of Brady all these years.

To leave condolences, visit www.legacyfunerals. com

Evan Phillips Harding

Evan Phillips Harding, of Springville, formerly of Loa, Utah, passed

away on July 10, 2022.

Born in Vineyard, Utah, Nov.



After graduating from Lincoln High School in Orem, he served a mission for The Church of Jesus Christ of Latter-day Saints to the Central States Mission. On April 14, 1961, he married Ramola Chappell in the Salt

Lake LDS Temple. Together, they have seven children. Evan learned how to

work from an early age on his family's farm, and always seemed to know how to do just about anything. He loved using tools to build and invent things. He usually had several home-improvement projects to work on in his spare time. He sold insurance for many years, working for several companies, and in his later years, until health issues caused him to retire, Evan worked for Royals Market in Loa.

As a young man, Evan loved to play the trombone. While attending BYU, he played in the University "Y's Men" band. He was an avid runner well into his 70s, running a couple of marathons. Evan served in a variety of callings in the LDS Church, including Stake Patriarch in the Loa Stake for 7 years.

Evan is survived by his wife, Ramola, his children, Michelle (Shawn) Johansen, Rexburg, Idaho; Chris (Mike) Cutler, Ellisville, Mississippi; Angela Maxwell (Scott Willis), Springville, Utah; Daniel (Jenni) Harding, Richfield, Utah; Jonathan (Victoria) Harding, Sandy, Utah. He has 19 grandchildren and 22 great-grandchildren.

He was preceded in death by his parents, brothers and sisters, a son, Brent Evan Harding, a daughter, Janel Harding, and one grandson. To leave condolences, visit legacyfunerals.com











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Viewpoint

The History and Psyche of Tipping

By Kelly Martinez

Dinner was delicious, the ambience was enjoyable, and the company of friends and family was heartwarming. Now it's time to pay the bill. The waiter or waitress takes your card and soon returns with a receipt that requires a signature. Wait. There's also a couple of blank lines under the total of the meal. One of them is for a tip, which you determine and add to the receipt. How much should you pay? Fifteen percent? Twenty? Should you even add a tip? It can be a little perplexing to decide, but most people do it anyway.

Adding a tip (aka gratuity) when paying for a meal or service is commonplace, but it's not a product of modern society. In fact, the practice of tipping started in Tudor England during medieval times. Tipping was a master-serf custom in which masters paid serfs extra money for doing their jobs exceptionally well. In other words, the serfs got tips for going above and beyond expectations and requirements.

By the 17th century, tipping became common in England's hospitality business and carried over into London's coffeehouse industry. By this time, the practice of tipping had become a way for those paying the

gratuity to give off an air of aristocracy, which they may or may not have actually had.

As many of the United States' early customs did, tipping found its way from England across the Atlantic, arriving as early as the 1850s. While Americans practiced tipping in the 19th century, it wasn't until the early 1900s that it caught on and became common. In the early days of its arrival in the U.S., Americans found tipping to be inconsistent with a democratic society, a way to place oneself above another in the social structure.

Employers viewed tipping as a way for customers to bribe employees into get something that was otherwise not allowed, like a larger portion of food. So staunch was the resistance to tipping in the U.S., that six states enacted laws making the practice illegal.

Prohibition in the 1920s helped turn the tide in the war against tipping as restaurants and hotels lost a lot of money from not being able to sell alcohol. These business owners soon embraced tipping as a form to supplement employees' wages, which is pretty much what it does today.

Why do you tip? The answer to that question varies from person to person, but according to research, there



File photo

are five main reasons people tip:

Showing off

To supplement the server's income and make him/her happy

To improve future service To avoid the server's disap-

A sense of duty

It's likely that several of these reasons influence the practice of tipping for most people. Which of them apply to you?

How much to tip is a topic for another article, but suffice it to say, tipping has become more of an expectation than anything else. Tipping is now expected for service that requires very little service, such as at drive-thru windows and when picking

up takeout.

Whatever your reason for tipping, is it a practice you agree with completely, or one you give into because you want to go with the flow?

Food for thought for the next time you think about paying for food (or other services). (Martinez is a Serve Daily contributor.)

"Small acts, when multiplied by millions of people, can transform the world."

- Howard Zinn

The Hazards of the Unknown Driver

By **Ed Helmick**

Driving to Price on Highway 6 the other day, I saw a sign that said "Caution - workers ahead". I commented to my wife that a more appropriate sign would "Caution – Unknown Drivers Ahead". That of course brings to mind that we do not know the character, state of fatigue, or level of intoxication of opposing traffic. That reminds me of the level of alertness that must be constantly maintained to be as safe as possible.

The concept of the unknown driver reinforces the hidden threats that may be on the road to get us. Every

day I witness drivers drive past stop signs, Sometimes they don't even slow down much and you wonder if they saw the stop sign. And did the driver see you?

The other day a young lady blasted past a stop sign traveling an estimated 40 miles per hour. Watching her speed as she approached the stop sign made me wonder if she was going to stop? I started slowing down, even though I had the right a way. I came to a complete stop prior to the intersection. As she crossed the middle of the intersection, she turned her head and looked startled to see me. It appeared she was oblivious to the intersection. Anoth-

er unknown driver who may have just broken with her boyfriend, or maybe she was talking on her cell phone. Who knows, no accident, no police investigation, and no knowledge where her head was at. But I live to drive another day.

I see people run through stop signs all the time. Sometimes I see drivers almost come to a stop and at other times it looks like a brake test. I don't like paying for a brake replacement any more often than I have too.

With stop lights that turn Red start slowing down, save the brakes, and it may turn green by the time get there, if you don't come to a

complete stop you save both brake wear and fuel. Every time, you bring up power from a complete stop you use more fuel to get the vehicle rolling again due to the required breakaway power to start rolling. In regard to stop lights, it is safest not to be the first into an intersection to avoid those that run the opposing red light.

The most important message in this write up is to think of everyone as an unknown driver. Also,

notice the way people interact with stop signs. You will learn a lot and begin to question what you might not know about drivers on the road. (Serve Daily submission.)

Funnyish

Which Parent Should I Ask?

By **Joe Capell**

My son announced he was taking some beans with him as we left the

restaurant, to eat on the way home. In response, my wife and I said the exact same words at the exact same time: "No eating beans in the car!"



It's important that parents present a united front to their children. If one parent tells a kid something, the kids shouldn't be able to run to the other parent hoping to get a different answer. Parents need to back

each other up. (He ended up giving the beans to his brother, because, as my wife pointed out, apparently if they weren't car beans, he didn't want them.)

Having said that, kids are smart, and they can figure out which parent to go to first to more likely get the answer they want. For example, at our house if the kids want a snack, they're probably going to come to me, because I'm much more likely to say, "yes" than their Mom is.

Why? Because I don't eat as healthily as their Mom, so I'm more likely to allow them to have potato chips, Pop Tarts, or cookies. (Sometimes all at the same time.) They

come to Dad first for a few other things, too. If they want to watch a show, they come to me, because they know I'm much more likely to allow "television as babysitter" than their Mom.

Similarly, they come to me first if they want to play on the computer or anything with a screen. They go to Mom first when they want to know what's for dinner. (This doesn't help much, because she usually tells them, "Yucky stuff, you'll hate it.") (They usually end up loving "yucky stuff.")

They go to Mom first when they need anything signed for school or if they want to go shopping. They go to Mom first to ask if they can play with friends, but they go to Dad first if they need a ride somewhere. What if they need something fixed? That depends. If it's just batteries that need to be replaced, they come to Dad, but if something is really broken and needs to be actually fixed, Mom is first choice.

There are some things so mundane that it doesn't really matter which parent they ask first, like if they need help with the straw for their Capri Sun. In that case, they'll go to whichever parent looks the busiest. But, as popular as Mom and Dad are, there are times when neither of them will be the first choice of the children. Grammy and PopPop always win!

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