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Serve Daily
198 South Main, Suite 8
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Mailed in responses will be entered to win a monthly prize.

DAZED

To Dream a Dream

By James L. Davis

My wife recently awoke from a Sunday afternoon



nap and wanted to relate a dream she dreamed. The retelling of her dream took an hour longer than she slept, which is something I have grown accustomed to.

As near as I can remember (I was eating chips and salsa at the time and may not have been paying close enough attention), her dream involved leaving me home eating chips and salsa while she went to the mall wearing expensive shoes on a Sunday afternoon to shop for wedding dresses.

The mall closed while she was there, and she found herself trapped inside by the

security gates. She managed to shimmy between the gates (quite flexible, my wife), but when she did so she lost one of her expensive shoes.

After complaining to security that she had become trapped by their gates and lost one of her shoes, they sailed across a lake on canoes (I didn't ask, you shouldn't either) to fetch all the footwear customers had lost between security gates.

But none of the shoes were hers.

After stating emphatically that she would never shop for wedding dresses on a Sunday at this mall again, my wife left, stomped to the parking lot and got in her car. While driving home she observed another woman fueling her car who forgot to remove the fuel hose before leaving.

When my wife tried to warn her, the woman cursed her, threat-

ened to call the police, and drove away.

And her car caught on fire.

In her Dream World to reach our home required travelling through a one-way tunnel, but upon reaching it she found the tunnel blocked. The woman with the burning car was behind her. She tapped on my wife's window and said her husband was under anesthesia from a recent oral surgery, so she put her husband in my wife's car and then sat on my wife's lap.

My wife, with a woman sitting on her lap, turned her car around and searched for another way home. It involved driving down a flight of stairs (which I am sure she has done, on occasion).

Upon arriving home with the man recovering from dental surgery and the woman on her lap, she walked into our house (which did

not any way resemble our house). I greeted her with a diatribe of expletives that I have on occasion used, but never toward my wife. Ask my children, they'll tell you.

I was upset that she had taken so long because while she was gone my brother had died. But when I told her which brother, she said he was sitting at the counter beside me eating chips and salsa.

Another woman suddenly appeared and told my wife they went to school together, but my wife was adamant that they had not attended school together.

At this point, my lovely wife stopped and said, "there's more, but I've probably said enough."

I agreed because I was starting to nod off and was suddenly terrified of sleeping. *(Davis is editor of Serve Daily.)*



Utah Youth Education in Shooting Sports is Participating in Giving Tuesday

Raising Funds for their MidwayUSA Foundation Endowment

By **Brian Beard**

Pleasant Grove, Utah – Utah Youth Education in Shooting Sports (UTYESS) has joined the Giving Tuesday movement, a global day of giving that kicks off the giving season and follows Black Friday and Cyber Monday. On this day, November 30th, UTYESS asks for your support to grow their MidwayUSA Foundation team endowments. Each UTYESS team has their own, earmarked endowment at MidwayUSA Foundation, a public charity that helps communities and organizations raise funds for their high school, college, and other youth shooting teams and activities. Each year, teams and organizations with a MidwayUSA

Foundation Team Endowment are eligible to receive a cash grant from that endowment to use for expenses like ammunition, travel, targets, uniforms, entry fees, and more.

“The MidwayUSA Foundation endowment accounts are a critical part of youth shooting sports,” explains Dusty Wiseman, UTYESS Executive Director for Southern Utah and Head Coach of Milford Young Guns. “The financial assistance the account provides makes it possible for youth to be educated in safety, responsibility, and competitiveness.”

One of the main ways teams grow the endowment is through online donations, which are matched. Those interested in giving to a UTYESS

team, where your donation will be matched, can visit the MidwayUSA Foundation website (midwayusa-foundation.org/donate) and search for a team near you. Donations are tax-deductible and 100% of the donation, as well as the match, benefits that specific shooting team. This funding is available for the life of the team so growing the endowment is crucial to the future of our local shooting team.

UTYESS currently carries just under 400 youth in second grade through college among 14 teams in the state of Utah. To learn more about Utah Youth Education in Shooting Sports or to get more information about their MidwayUSA

Foundation Endowment, please visit www.utyess.org.

The MidwayUSA Foundation is a 501(c)(3) public charity working to sustain the shooting sports industry by providing long-term funding to youth shooting teams. Every donation made is 100% tax-deductible and supports the mission to help communities and organizations raise funds to support their youth shooting team. The Foundation supports all shooting disciplines. For more information about how the MidwayUSA Foundation is changing the future of youth shooting sports, please visit midwayusafoundation.org or call 1-877-375-4570. (*Serve Daily submission.*)

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Caleb Chapman's Soundhouse

Growing Music Community One Musician at a Time



By **Ariane Brown**

AMERICAN FORK – Caleb Chapman's Soundhouse in American Fork, like many in the

entertainment industry, went silent for a period during the pandemic.

While the dedicated musicians who hone their

craft within the Soundhouse walls were still able to meet and produce music virtually, it wasn't the same. Also absent from the Soundhouse were local bands who brought much-needed entertain-

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ment to the community at large.

Although things are not the same as they were, according to Soundhouse office manager and executive producer Jada Bueno, things are getting better.

“COVID was really hard for us, but we are in the rebuilding stage,” Bueno said. “We have many classes and bands back performing, and we have some things we’re excited about coming up!”

Bueno is not only employed at the Soundhouse, but he said that as a musician, the programs offered there, changed his life.”

“I joined the Soundhouse my junior year in high school as a trumpet player, and I loved it!” he said. “It changed my life, my musical ap-

proach and life experiences, and I have been helping with the band ever since.”

“It changed my life, my musical approach and life experiences, and I have been helping with the band ever since.”

Jeffrey Saas who is a senior at Spanish Fork High School said that performing with the bands at the Soundhouse has been an experience that he wants to take with him moving forward.

“I joined last summer, mainly playing with the jazz and pop bands,” Jeffrey said. “Since then, I have been able to go on tour with the band to Telluride, Co. Playing with the band has really added to my musical experience that I will take with me in my studies at BYU.”

The Soundhouse serves many functions including a place to educate the rising generation of musicians. Bueno was quick to talk about the pro-

fessional atmosphere that they work hard to embody.

“We want to foster a professional environment here at the Soundhouse,” Bueno said. “Rather than saying ‘student,’ we say ‘musicians;’ and instead of teachers, we have producers.”

That professional environment is eminent in not only the way that they interact with those who play for the bands, but also the way they present themselves to the community as a place to come to hear great music.

(Brown is a Serve Daily contributor.)

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GIVING BACK

in the

FORM OF ART

Art can have many benefits for children and Spanish Fork resident Stacey Johnson is providing a way for children to enjoy those perks



Photo courtesy of Stacey Johnson

Painting is a newfound passion for Stacey Johnson, one she loves sharing with children. In turn, she loves to see that passion grow within the children.

By **Josh Martinez**

Johnson offers painting classes in her home for young children via her art school, For the Love of Art. Young children, however, aren't her only focus as she also provides classes for teenagers and adults.

This endeavor is about six years in the making and grew into a website offering online classes and resources for aspiring painters. All this comes from a person who didn't grow up with an artistic background.

Still, Johnson said art allows children to see the world around them differently because they notice the intricacies more fully.

"Sometimes, the world can be a scary, dark place," she said. "If they're producing beauty and being able to be engulfed in beauty, all of a sudden, it takes them to a new place that is happy and good, and the world is beautiful. They can see that through doing their art."

Johnson didn't get into art until after she was married. She learned under the tutelage of religious and political painter John McNaughton.

After learning from McNaughton, Johnson began teaching painting to adults every month. It wasn't until she became a secretary at Spanish Oaks Elementary School that she started teaching children.

At the time, Nebo School District had a program called Nebo Art Studio and Johnson stepped in and started teaching painting.

"The kids loved it and the parents were interested in it, so I started throwing a class together in the summertime and it just snowballed from there," she said.

Facebook is how Johnson recruits students for her classes. She posts paintings on the school's page, For the Love of Art, along with dates and times so parents can sign up their kids (5–12-year-olds) by commenting.

She also offers classes for teens and advanced classes that are more in line with what McNaughton taught her.

Those who have taken her classes, like Lindsey Downey, usually are satisfied.

"Stacey is incredible," Downey wrote in a 2018 Facebook review. "Her artistic talents are just the beginning. She is an amazing teacher to both the young and the young-of-heart. She sincerely wants to see her students succeed and knows how to help each individual. I love her."

Johnson also runs a website called staceypaints.com on which she provides online art classes through a subscription. She began offering this after taking a self-reliance class through The Church of Jesus Christ of Latter-day Saints.

The inspiration for the website came from her mentor McNaughton, who pointed out that the internet provided a good avenue for touching more lives through art.

She hopes her website will become a good resource, not only for those in areas that don't have a lot of art resources, but also for teachers in the

classroom.

“My goal is to get it to where they (teachers) can click on Stacey Paints, and maybe they’re talking about Antarctica, and all of a sudden they click on Stacey Paints and they paint a penguin,” she said.

“How fun for the kids to get to go in there and paint a penguin. It’s a visual thing they’re learning besides the facts about Antarctica.”

Johnson’s efforts yielded experiences that have impacted her. She said the enthusiasm and the excitement of the children she teaches is a rewarding treat.

Many of the children who attend classes grow in self-confidence, Johnson said, which provides benefits away from the easel. She said she loves to see the love for painting grow within the children.

Johnson said her art school has grown past what she ever anticipated.

“It’s fun for me. I guess that’s kind of selfish, but it lifts me up,” she said. “They (the children) come to my house ... and the kids are so excited, they talk to me as their friend and they tell me things that have gone on during their week.”

Johnson’s lessons aren’t limited to her art school. She provides classes to many youth and adult groups in The Church of Jesus Christ of Latter-day Saints. She limits these sessions to twice a month because she gets so many requests.

“I feel like if I’ve been blessed with the opportunity to do this, I need to be able to give back,” she said. “My Heavenly Father has blessed me with this talent and this great opportunity to be with these kids, I feel like I need to be able to give a little bit back to whoever needs it.”

Visiting the various congregations in the area can be daunting, but not



Photo courtesy of Stacey Johnson

Art Class: Stacey Johnson offers painting classes for both children and adults as part of her art school.

to Johnson.

“It’s just a great thing because it’s such a positive opportunity and exercise for people to bring them out of their funk or to bring some light or

happiness into their lives regardless of what’s going on,” she said.

(Martinez is a Serve Daily contributor.)

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Courtesy photo
Mike Mendenhall, election night, Park Elementary

I am humbled to continue serving Spanish Fork City, in a new capacity, as Mayor. I've always loved Spanish Fork and am grateful to call it home. I was born and raised in Palmyra and Spanish Fork, by my parents John and Lenna Mendenhall. I graduated from Spanish Fork High School in 1998 and attended Utah Valley University in 1999.

I have also had the privilege of working in finance for 16 years in Spanish Fork, currently as a Financial Advisor with Edward Jones Investments. I love living and working in Spanish Fork. My biggest goal is to continue to build on the solid foundation that has been laid by those before me. There are a lot of things going right with Spanish Fork, and it's a place that we are lucky to be able to call home.

In 2011, my wife Amber and I were asked to serve as Fiesta Days Chairmen. It was an amazing experience that opened my eyes to all that goes

into such a great event and the many, many hands that make it possible. This opportunity, coupled with the privilege to serve as president of the Spanish Fork Area Chamber of Commerce that year, sparked a burning desire within me to serve my community and give back. That desire is why I ran for City Council eight years ago, and I have the same sentiment this go-round: to serve the place and people that I love.

We have so much going on in Spanish Fork. I encourage each of you to shop and spend locally, to support our local job base and economy. More than anything, I want each resident to be proud of their community, regardless of whether you have lived here 40 years or 40 days. Be engaged in city functions and events. We have always been a community of service and volunteerism, and with the community lifting and serving together there isn't anything we can't accomplish. -Mike Mendenhall



In 2022, We Resolve to Do More to Help End Poverty

By **Jennifer Durrant**

This year, nearly a quarter of adults in the US reported they planned to make New Year's resolutions. Research shows, though, that most people are good at not sticking to those goals. In fact, Strava, a social network for athletes, uses data to predict the day most people will give up their New Year's goals this year: January 17.

At Community Action, we have no plans to fail at keeping our resolutions this year. We're committed to reaching more people in need, helping make every food drive a raging success, emphasizing that our agency serves ALL, and celebrating 55 years of service. Here's how we plan to meet our goals.

Reaching More People In 2022, we're going to serve more people in our three-county area through partner pantries, mobile services, and a new case manager for Summit and Wasatch counties.

- **Partner Pantries** In 2021, we partnered with the Kiwanis Club to open a food pantry in Springville. We've done the same with elementary and middle schools, and we plan to expand those partnerships this year. We're actively looking for partners in the northwest area of Utah County so people in need have better access to food.

- **Mobile Pantries** We'll be introducing a mobile pantry to Wasatch and Summit counties this year. The van will stock all the fixings from a pantry in a central location, including meat, dairy products, bread, and canned goods. It will then distribute food through the smaller communities in those counties.

- **Case Manager** This year, we'll hire a full-time case manager for people in need living in communities in Wasatch and Summit counties. They're facing the same problems as people in Utah County and deserve to have a case manager

dedicated to meeting their needs.

Making Food Drives More Successful Planning and executing a food drive isn't easy—especially if you've never done it before.

In 2022, we plan to help people overcome the barriers to a successful drive with new services. We'll help food drive planners generate ideas, provide collection barrels, and help promote the drives through our website and social media channels.

Emphasizing Who We Serve We don't care about your gender, ethnicity, sexuality, race, immigration status, or language: If you're in need in our community, we're here to serve you. In 2022, we will get the message out across our community that we're a welcoming agency, no matter who you are.

Our website is now available in Spanish, and we're going to increase our bilingual services this year. We're also actively looking to partner with organizations that

serve LGBTQ+ and other minority communities.

Celebrating 55 Years In 2022, we're going to celebrate 55 years of working to end poverty in Utah, Summit, and Wasatch counties.

We'll be highlighting our financial services, food, bank, emergency assistance, and volunteers—the pillars of our success.

We're still working on the celebration plans, so watch for more information. What we can say for sure is that it will be fun! We're committed to reaching our goals for 2022. We'll reach more people in need, help make food drives more successful, emphasize that we serve everyone in need, and celebrate 55 years of working to end poverty in our community. If you want to join us in helping people in our community, donate or check our volunteer opportunities!

(Serve Daily submission.)

Mountain View Hospital Offers Free Classes to the Community

Have you ever typed your symptoms into a Google search bar? If you're not careful, the internet can misdiagnose your simple ailment as something completely unrelated!

Wouldn't it be better to get answers straight from a specialist? Mountain View Hospital in Payson is partnering with Timpanogos Regional Hospital in Orem to give this opportunity to residents of Utah County.

Come take advantage of the unique chance to get face time with a local physician or other specialist at a free Healthy Conversations class! Enjoy an hour-long presentation and Q&A on a wide variety of health and wellness topics. Classes happen twice a month and switch off between

Timpanogos Regional Hospital and Mountain View Hospital in-person. A virtual option is available for all classes.

Upcoming classes include:

February 9 – Keeping Your Heart Strong

February 23 – Dealing with Low Back Pain

March 9th – Colon Cancer Prevention, Screening and Treatment

March 23rd – Women's Health as We Age

Visit healthyutahcounty.com or call 801-715-4152 for more information and to pre-register.

(Serve Daily submission.)

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MEET THE LIBRARIAN

Kids and the Love of Reading

So, what inspired the mother of nine, grandmother of 22, and great-grandmother of seven to take a job at the Nephi Library nearly 10 years ago?

By **Kelly Martinez**

“The job opened up, so I applied,” said Children’s Librarian Becky Kouns. “I didn’t know before I worked here that I wanted to work in a library. Basically, I needed a job and this one became available.”

She didn’t start as the children’s librarian, though. “When I started working here, everybody did everything, so I got experience in all aspects of the library.”

She took on the children’s librarian job title during the pandemic, which was no easy task.

What she likes most about her job is seeing people—especially kids—express excitement about reading. “When kids develop a love for reading,” she said, “that’s pretty awesome.”

Kouns loves the Storytime groups for kids that the library offers. Currently, the library runs two Storytime groups, both of which average 15 to 25 participants. Kouns adds that the summer groups have even more

attendees.

It’s not uncommon for kids to love reading, but it’s holding on to that love that’s challenging. “I think if kids see parents reading, they’re more likely to keep on reading,” Kouns said.

She’s quick to point out that parents are usually good at reading to their little ones, but then stop once the child learns to read.

“I’ve been told that you should never stop reading to your kids, even when they’re older,” she added. “It’s good for kids to see their moms read, but I believe it’s even better when kids see their dads read.”

It might come as a surprise to learn that with the young-kid crowd, nonfiction books about animals are quite popular, as are dystopian-themed works of fiction.

Raised in Mona, Kouns now works in a building that was the high school she attended as a

teenager. Talk about a local girl going full circle.

Though Kouns spends her workdays in the world of printed books, she’s learned to embrace the convenience of audiobooks. She and her husband have indulged in many audiobooks over the years (*Martinez is a Serve Daily contributor*)



Becky Kouns

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LOCAL BUSINESS

Payson Santaquin Area Chamber of Commerce Business of The Month in November

Spreading joy and creating unity has long been the mission of Utah Balloon Creations. Utah Balloon Creations is a family owned and operated; full-service balloon decor & events company located in Payson. In 2019, Emily Leavitt took her love for celebrating others and channeled it into a full-time career by decorating for events all along the Wasatch front. Whether delivering a custom balloon arrangement or creating large sculptures and arches for community events, these works of art always bring smiles to faces young and old.

Just six months after they started, Utah Balloon Creations found that the mission of spreading joy was needed now more than ever as morale was at an all-time low during the pandemic. During this time, they created community outreach programs such as “Adopt a Grandparent” program for nursing homes, “Adopt a Graduate” for high school students

missing their milestone events, and created balloon displays of hope and cheer in front yards, parks, and drive through events. The focus became symbolically bringing people together while physically keeping people safe through physical distancing. As the world begins to reopen, Utah Balloon Creations continues to enjoy celebrating life’s milestones big and small.

As a member of the Chamber of Commerce, Emily enjoys volunteering on committees, attending events, sponsoring events by providing elegant balloon decor, networking with other businesses in the community, and getting to help each of them celebrate their victories. Utah Balloon Creation is honored to accept the Business of the Month for the Payson Santaquin Area Chamber of Commerce and looks forward to continuing to celebrate with each member of the community for all of life’s special moments. (*Serve Daily submission*).



Courtesy photo

Payson Community Theater’s Upcoming Shows

Payson Community Theater is pleased to announce our 2022 season!

SUMMER NIGHTS

Summer Nights will run June 9th, 10th & 11th at Peteet-neet Amphitheater in

Payson. The show will be directed by our own Katie Wiscombe. We are happy to have Katie directing our music revue this year. She is a great addition to our PCT family. This will be a great time for every-

one!

MATILDA

Matilda will be our Summer Musical and we are so excited! The show will be directed by Ben Henderson. We are looking forward to the expertise that he is

going to bring to our stage. This show will be open for all ages, so get your voices ready!

Audition information for both shows will be coming soon.

You can get updates in the following ways: Our

website www.payson-communitytheater.com
Facebook <https://www.facebook.com/Payson-CommunityTheater>
Instagram <https://www.instagram.com/payson-communitytheatre/>
Payson Community

dearly loves our patrons, and we are looking forward to entertaining you and your families! Thank you for your continued love and support of our theater! (*Serve Daily submission*).

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MOVIE BUFF

‘The Mysterious Benedict Society’ Delivers on Some Levels, But Not All

By **Kelly Martinez**

One of the most noticeable things about “The Mysterious Benedict Society” is its resemblance to the world of “A Series of Unfortunate Events,” complete with quirky characters, close-up shots of the actors, and a mixture of modern and not-so-modern references.

Set in a world that has an eerie connection to the 2020s, the series involves a dreaded, yet-to-happen event called “The Emergency,” which dominates the media, watercooler conversations, and most aspects of the characters’ world. (Don’t expect to find out what exactly “The Emergency” is, but whatever it is, it’s not good—if real.)

While most of the show’s society buys into the doom and gloom of “The Emergency,” a brilliant narcoleptic named Mr. Benedict (Tony

Hale) sees right through it, though is at a loss as to how to get society to realize that “The Emergency” is actually not true. He realizes the only way to wake the world up to this truth is to enlist the help of special children.

Enter the bright Reynie Muldoon (Mystic Inscho), the knowledgeable George “Sticky” Washington (Seth Carr), the resourceful Kate Weatherall (Emmy DeOliveira), and the sassy-preocious youngster of the group, Constance Contraire (Marta Kessler).

Following a screening process devised and carried out by Benedict and his assistants, the four children are introduced to Benedict’s plan to prove that “The Emergency” is a fraud. Despite the screening process itself being fraudulent, the kids are on board to find the source of “The Emergency’s” dissemination.

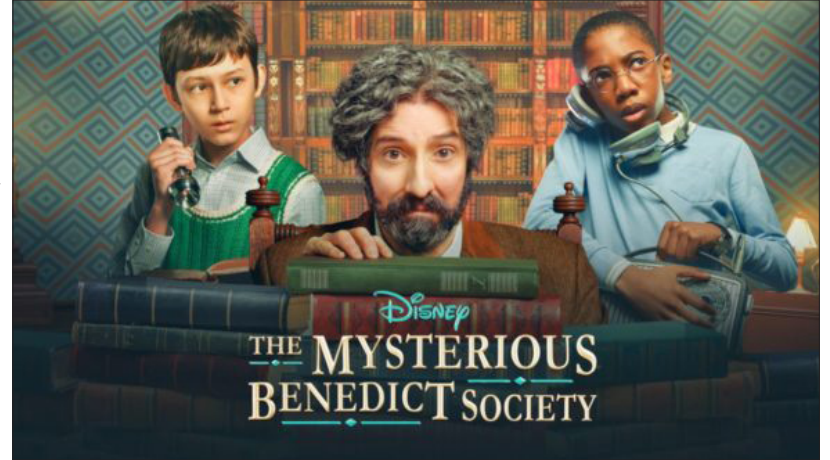
This involves infiltrating a school for gifted students.

What unfolds over the series’ eight episodes details the efforts of the youths’ efforts, foibles, and follies.

Interesting side characters include Benedict’s assistants Number Two (Kristen Schaal), Rhonda Kazembe (MaameYaa Bofo), and Milligan (Ryan Hurst). Hale also plays another role in this show, but you’ll have to watch to see who he plays.

The writing behind “The Mysterious Benedict Society” is witty, quirky, and, at times, laborious to follow. Overall, the show does well at maintaining viewer interest, but there are times when the storyline painfully drags along.

With evidence of split-screen technology being used, the show was obviously filmed during the COVID-19



pandemic. Awkward character interactions, discrepancies in the characters’ lines of sight, and continuity errors are some of the evidences of this.

Without revealing how the story ends, be aware that the show has been renewed for a second season. That could be a good or bad thing, depending on who you ask.

The most memorable character of the show is Kessler’s Contraire. The actress does an

excellent job of conveying the precociousness of her character, delivering her sassy lines with believability beyond her years.

Rated TV-PG and based on a series of books with the same name, “The Mysterious Benedict Society” premiered on Disney+ on June 25, 2021. All eight episodes are available for streaming right now (*Martinez is a Serve Daily contributor*)

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BOOK REVIEW

‘Four Thousand Weeks: Time Management for Mortals’

By **Kelly Martinez**

If you’re not immortal yet and find it difficult to manage time, then Oliver Burkeman’s “Four Thousand Weeks: Time Management for Mortals” is a worthwhile read. Not because it will make you a master of managing time. Not because it will help find the time to check off all the items on your to-do list. Not because it will make you a productivity guru. Rather, because it can help you realize that of all the time-management advice, methods, and strategies out there, none of them work.

This from Burkeman, who once made a living writing about and offering advice on managing time. He refers to himself as a recovering time-management junkie.

The premise of “Four Thousand Weeks” is that, if you live to be 80 years old, you’ll have about 4,000 weeks on earth. Technically, it’s 4,160 weeks, give or take a dozen or two, depending on what time of year you kick the bucket. But for the book’s intent, 4,000 weeks works to prove Burkeman’s point.

Considering you get so few weeks to do all that you want in life, managing time efficiently should be a priority, right? Wrong. Burkeman argues the best thing you can do to get time to work for you instead of against you is to accept the fact that there’s a limited amount of it and that you’ll never have enough of it to do all that you want—and need—to do.

Accepting this creates the foundation for effec-

tive time management: prioritization. Embracing the fact that you can’t do it all in a day, a year, or a lifetime, Burkeman writes, is liberating and can put the items on a to-do or bucket list into perspective. This sets the stage for prioritizing how to spend your time.

This advice is all good and well, until you factor in the nemesis of effective time management: distraction. Burkeman argues further those distractions are ways for people to deal with the overwhelming realization that there’s only a limited amount of time to do all that needs doing.

For example, there’s a stack of paperwork you need to complete by the end of the workday. You realize the stack of papers will take longer than eight hours to complete. Rather than pull out your hair and bend over backwards to get the work done, you subconsciously crave something to save your sanity. An attention-grabbing headline pops up on your phone. Your subconscious takes control of the situation and off you go to read the story behind the headline instead of buckling down on the stack of paperwork.

On the surface, it would be easy to classify distraction as bad, but don’t be too quick to do that. Burkeman points out that sometimes, distractions are what make it possible to deal with the finitude of life.

There’s a lot of good stuff in “Four Thousand Weeks.” If you’re comfortable with introspection and thought-provoking content, then pick up a

Four Thousand Weeks Time Management for Mortals

Oliver
Burkeman



copy and see what the book has to offer your life.
(Martinez is a *Serve Daily* contributor)

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MOVIE REVIEW

Spider-Man No Way Home

What Does it Mean for Someone to be Spider-Man?

By **Mary Blakesley**

I'll be honest, I wasn't a huge fan of Homecoming or No Way Home. They just didn't quite seem like complete stories. They both explored different sides of Spider-Man but neither had the strong conclusion that I was waiting for. I went into the theater ready for another quippy yet forgettable superhero flick. The joke was on me when I left with a new perspective and appreciation for Marvel's friendly neighborhood web-slinger.

The Spider-Man origin story has been done so many times, I feel like I could recite it from memory. I've seen it in comics, cartoons, and live action, but what I never expected was for someone to make an origin trilogy! Marvel's first two Spider-Man movies allowed me to get to know the characters enough to become emotionally invested in what happened to them. This movie allows audiences to follow Peter Parker and co. as they explore what it truly means for someone to be Spider-Man.

The storyline of this movie picks

up right where the last one ended— with the world learning Spider-Man's true identity. The life of Peter Parker (played by Tom Holland) is instantly turned into pure chaos with harsh accusations being made against him and his loved ones. Desperate to escape the madness, Parker turns to fellow superhero, Dr. Strange (Benedict Cumberbatch). Although he is willing to help, Strange's spell goes haywire, and things get even more complicated. With everything he knows and loves at risk, Spider-Man must reevaluate his priorities and decide who he is and what he fights for.

This movie was incredibly entertaining but still built strong themes and taught good life lessons. It shed new light on the cliché line "with great power comes great responsibility." Instead of teaching Peter Parker to always fight for 'the greater good,' it was used in the context of how Spider-Man can love and serve those around him. This helped Peter understand that he was fighting for the good in human nature instead of just fighting against the bad. The harsh views that the world had of



Spider-Man in this film also allowed viewers to also consider if Spider-Man needed to be held more accountable for his actions. This concept had already been brought into the MCU in Captain America Civil War, but this movie actually answered the question. It showed that being able to take responsibility for their mistakes is what makes a true hero. Even if the accusations were false, the concept that Spider-Man has flaws humanized the character and made him more relatable.

I am sad that character motivations weren't always clear. The main conflict is often glossed over and reasoning behind actions are lost in the race to fit so many characters and side plots into the film. Another casualty of this complicated storyline is that some characters get

sidelined. Many of Peter's family and friends that I got to know, and love get rushed over and are used as devices to move the plot along. This is disappointing considering that they had a decent amount of screen time but are pretty forgettable.

I thought the MCU had skipped out on the origin story that has been done so many times before, but instead they dived deeper than anyone had gone to help us fully understand who Spider-Man truly is and why he does what he does. The movie incorporated so many little nods to the rest of the spiderman universes without leaving new fans confused and missing out. The plot and character development were clear and inspiring. No matter how familiar you are with Marvel or Spider-Man, you can enjoy this movie.



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SCHOOL NEWS

ALA Teachers of the Month: McClure and Ford

By **Stephanie Chingas**

Meet Mrs. McClure, our Elementary January Teacher of the Month. CONGRATULATIONS! Here are some fun facts:

1. I have worked at ALA for 13 years. I have worked as an Instructional Assistant, a Finance Secretary/Jr High Secretary, I was the K-12 First On-Call Substitute Teacher for a year, and as a 6th grade teacher for the past 9 years.

2. I attended the University of Northern Colorado in Greeley,

Colorado

3. Fun facts about me...I love to cook, but I cannot bake. I love farmer's markets and farm to table restaurants, but I cannot grow a garden and I cannot keep plants alive. I love cats. I love to dance but have no formal instruction so it's extremely awkward to watch me try. I love to read. I am trying to learn to do yoga and mediate too...we shall see how that goes.

4. My favorite quote: "I have learned that people will forget what you said, people will

forget what you did, but people will never forget how you made them feel." -Maya Angelou

"If you don't like something, change it. If you can't change it, change your attitude." -Maya Angelou, I love both quotes equally and I try hard to govern myself by using them daily in my life and I try to teach them to my students.

Here are some fun facts about our January Teacher of the Month, Aynn Ford. CONGRATULATIONS!

This is my second year working at ALA.

Education: For the last five years I have been studying at the Academy of Art University in San Francisco. I graduated with my BFA in Art Education December 18, 2021, right before the Christmas holiday.

Fun Facts: When I am not teaching, I am planning my next getaway as I love to travel. In July last year I traveled to Belgium, and I was able to see Michelangelo's "Madonna". I also enjoy hiking and backpacking.

So many favorite quotes: "There's an art to unbecoming-to failing so beautifully you have no choice but to reassemble your entire life into something more suited to your skin-something more surprising, and more hospitable. Failure isn't the end of fortune, but its beginning. This is all a cycle. Temporary, transient. Gloriously so." -Arabella Sicardi, from *The Art of Failure*. (*Serve Daily submission*.)



Mrs. McClure



Aynn Ford

In the Spirit of Giving

By **Lana Hiskey**

In a spirit of Christmas giving, Strawberry Water Users Employee Association donated \$500 to Spanish Fork Junior High's in-house Sub-for-Santa program. Spanish Fork Junior High School is involved in several fund-raising events at this time of year to help those in need including Warm the Soles, Quarters for Christmas, and the Sub-for-Santa programs.

This generous Strawberry Water donation will be used to help specific students in the junior high catchment area who are in dire need of assistance. Students and families are identified by school personnel, parents, and other students who are aware of those needs.

The Strawberry Water Users Employee organization solicits

funds each year from its members to help individuals and families who are struggling through the Thanksgiving and holiday season and have been doing just that for many years. They are very appreciative of the school system for the opportunity to reach out to other organizations with needs for their immediate area.

The Strawberry Water Users organization and their employees have been instrumental in securing and delivering water to South Utah Valley since the early 1900s. The water company delivers water to the cities of Mapleton, Spanish Fork, Salem, and Payson to be used in their respective pressurized irrigation systems, including all the Nebo School District Schools as well as the homes located within each community.

(*Serve Daily submission*.)



Courtesy photo

J.Merrill Hallam, District Agriculture Specialist; Blake Mortensen, Assistant Principal; Chris Loveless, Principal; Julie Green, Sub-for-Santa; Lisa Moos, Strawberry Waters Users Records Manager; Shawn Nilsson, Strawberry Waters Users Office Manager; & Chaleesa Warren, Agriculture Teacher

SCHOOL NEWS

Utah Mounted Thunder Supports Nebo Students

By Lana Hiskey

Utah Mounted Thunder is a Cowboy Mounted Shooting club that hosted a benefit shoot at the Spanish Fork Fairgrounds on Saturday, December 4. Those that competed and were involved with the club

donated toys and clothing as part of their entry fee. The much-needed items went to benefit Nebo's Brockbank Elementary students. A few of Brockbank's fifth-grade students came and helped put on the event.

Thank you for your generosity and thinking of our students. (*Serve Daily submission.*)



Courtesy photo

Brockbank Elementary Enchanted the Nebo School Board of Education - Answer to Wednesday Challenge

By Lana Hiskey

Principal Nate Holt introduced the Brockbank students and BFFs. BFF means Brockbank Family and Friends. At Brockbank, they focus on building a culture of caring and community among the entire school through monthly groups with mixed grade levels, lessons with important topics, and giving students someone to look to outside of their own classroom. The principal encourages all students to rise up and be their best.

Grace Williams, a fifth grader, presented about the meaning of

BEST. At Brockbank Elementary, they Build a community that cares, engage in lifelong learning, set goals for growth and success, and Take responsibility for their actions. Grace focused on building a community that cares and stated that they do this by caring about one another, sharing feelings with each other, and giving positive affirmations. She finalized by saying one of their themes: "I am strong. I am nice. And I am a good friend."

Jex Frost, a fifth grader, discussed what it means to engage in lifelong learning. He said we should have an

open mind, try new things, do my part to learn, and learning is something I can do for my entire life.

Nixxin Warner, a fifth grader, talked about setting goals for growth and success. She said it helps to know we can do something and then work towards it. The key is to try our best, and goals require hard work.

Canyon Roberts, a fifth grader, presented about taking responsibility for my actions. He said this means we own our mistakes, celebrate our successes, and care for those around us and protect our

younger friends.

At the conclusion of the presentation, the Brockbank big buddies did care about their younger friends. They each partnered with little buddies and sang the school song. What an enchanting evening seeing Brockbank's BFF and how to be our BEST! Congratulations to Kyle Braithwaite for answering this week's "Where are we Wednesday?" challenge sponsored by Wiggy Wash.

(*Serve Daily submission.*)

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Engaging and Productive Day For Nebo Teachers

By Lana Hiskey

You may ask, “What do the teachers do on a Friday when all the students have it off?” Well, Nebo teachers participate in training and professional development to strive to do what is best for Nebo students.

One example today is elementary teachers spent the day solidifying their knowledge about the speech

sounds of English. They learned at a deeper level how phonological skills develop in reading and spelling. How to recognize allophonic variations in speech and how it affects students’ spelling.

Alicia Rudd, elementary coordinator, said, “We are so proud of our teachers! They have spent the last few months reading, watching videos, taking quizzes and assess-

ments to prepare for this day. Please consider thanking a teacher today. They deserve it!”

Some of Nebo’s secondary teachers involved in Peer Coaching met at the Summit Center for the second part of the coaching training. Other teachers gathered to work on their middle level math endorsement.

Wendy LeFevre, secondary curriculum coordinator, said, “We are

very grateful to our Nebo educators. They are dedicated professionals who continually seek ways to learn and grow.”

What a productive day for our Nebo educators engaged in their own learning. Thank you to all our teachers and staff. We sure appreciate all you do!

(Serve Daily submission.)

Area Student Awarded Scholarship

MITCHELL, S.D. – Dakota Wesleyan University has announced fall scholarship winners for the class of 2022.

30 high school seniors competed last month for the university’s most prestigious scholarships as part of

DWU’s Fall Scholarship Day on Nov. 19. Students with outstanding academic status, leadership potential and commitment to serving others were invited to campus to meet with faculty, staff and students, or virtually, while exploring opportunities

at DWU.

Tyla Ann Wright, Payson, graduate of the Merit College Preparatory Academy and daughter of Emily Wright, was awarded a Presidential Scholarship.

To qualify for a Presidential

Scholarship, students must have at least a 3.0 GPA. The award is for \$8,750 to \$13,000 and is renewable for up to 10 semesters if the student remains in good standing.

(Serve Daily submission.)

Barnett Students Enthralled the Nebo School Board of Education

By Lana Hiskey

Barnett Elementary in Payson, Utah, enthralled the Nebo School Board of Education Board and audience during Wednesday night’s board meeting. Principal Kali Brown thanked the Board for the opportunity to showcase some of the learning and talent at Barnett Elementary.

A fifth grade and a third-grade students, Audrey Joslin, and Judy Joslin, led the audience in the Pledge of Allegiance. Fourth-grade student, James Draper, discussed the school goals and specifically talked about his reading goals.

Fourth grade student, Kyri Grego-ry, spoke on what it means to have a

Growth Mindset. Abby DeGriselles, a fifth-grade student, introduced the school theme and mission statement. Kaydie Utter, a fifth-grade student, delighted the audience by singing a song she had written titled “Together We are Better.”

Other Barnett students that performed and helped with the presentation include the Student Lighthouse: fifth-graders Adalynn Egber and Hunter Finlinson; fourth-graders Owen Hendrickson, Cambri Salisbury, and Hailey Johnson; and third grader Kase Hanks.

Thank you Barnett Elementary for performing and showing the Nebo School Board of Education all that you are learning and leading. *(Serve Daily submission.)*

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Nebo Academic All-State Fall Sports Athletes 2021

By **Lana Hiskey**

Student athletes in Nebo School District were recognized for their academic excellence as well as their athletic accomplishments for the 2021 Fall Sports season by the Nebo School Board of Education.

The Academic All-State award, presented by the Utah High School Activities Association (UHSAA), is given to high school senior athletes for their accomplishments in the classroom as well as in their given sport. The Academic All-State award is the most prestigious academic honor that a high school senior can receive from the UHSAA.

Congratulations to the following students:

Girls Cross Country

Ashley Cluff, Maple Mountain High
 Brianna Ericksen, Salem Hills

High Savanna Young, Salem Hills High
 Whitney Blaylock, Spanish Fork High
 Emma Fox, Spanish Fork High
 Alexis Gladding, Spanish Fork High
 Camryn Marshall, Spanish Fork High
 Paige Ballard, Spanish Fork High
 Laurissa Blakely, Springville High
 Tessa Conrad, Springville High
 Ashley Edwards, Springville High
 Sarah Gardner, Springville High
 Lily Holladay, Springville High

Boys Cross Country

Isaac Woolford, Maple Mountain High
 Lane Lindstrom, Salem Hills High
 Ayden Christensen, Springville High
 Benjamin Tenney, Springville High
 Colton Balagna, Springville High
 Logan Garnika, Springville High
 Spencer Neel, Springville High

Girls Soccer

Sheridan Liggett, Maple Moun-

tain High
 Katelyn Smith, Maple Mountain High
 Linda Castano, Payson High
 Abigail Hales, Payson High
 Melissa McCauley, Payson High
 Katherine Yost, Payson High
 Bryanna Hofheins, Salem Hills High
 Haley Spencer, Salem Hills High
 Delaney Hicks, Spanish Fork High
 Miriam Pendleton, Spanish Fork High
 Bailey Pierce, Spanish Fork High
 Avery Frischknecht, Springville High

Boys Football

Aaron Norris, Spanish Fork High
 Brenner Shepherd, Spanish Fork High
 Chase Pepper, Spanish Fork High
 Dallin Leatherwood, Spanish Fork High
 Jacob Haacke, Spanish Fork High
 McKay Peery, Spanish Fork High
 Michael Dodd, Springville High
 Seth Rigtrup, Springville High
 Tomokia Kaanga, Springville High
 Will Penrod, Springville High

Girls Tennis

Ashley Wilson, Maple Mountain High
 Emily Morrill, Payson High
 Ella Burningham, Salem Hills High
 Annabelle Colton, Spanish Fork High
 Hailey Wilson, Spanish Fork High
 Maili Boyer, Springville High
 Ashley Edwards, Springville High
 Calianne Skinner, Springville High
 Cheyenne Skinner, Springville High
 Madysen Stokes, Springville High

Boys Golf

Mike Bennett, Maple Mountain High

Girls Volleyball

Staci Lomenick, Spanish Fork High
 Haydn McMillan, Spanish Fork High
 Meline Robarge, Spanish Fork High
 Ellie Valdez, Spanish Fork High
 Emery Cardoza, Springville High

(Serve Daily submission.)



Courtesy photo

Nebo's Dave Boyack Honored Outstanding Athletic Director Nationally

By Lana Hiskey

Dave Boyack in Spanish Fork, Utah, and Maple Mountain High's Athletic Director was honored in December as one of eight in 2021 by the National Federation of State High School Associations (NFHS) and by the National Interscholastic Athletic Administrators Association (NIAAA).

NFHS Citations are presented annually to outstanding athletic directors in recognition of contributions to interscholastic athletics at the local, state and national levels. State associations nominate athletic directors for NFHS Citations, and the NFHS Board of Directors approves recipients.

David Boyack has spent the last 12 years as athletic director at Maple Mountain High School within the Nebo School District in Spanish Fork, Utah.

Boyack has served as a board member of the Utah Interscholastic Athletic Administrators Association (UIAAA) for three years, including the year 2017 as president. During Boyack's tenure as president, there was an increase in UIAAA membership, an increase in the number of attendees at the National Athletic Directors Conference, and more qualified athletic/activity leaders in

the state of Utah. He is an active participant at the state's conference—attending every state-level conference since he was appointed as athletic director at his high school.

When asked about the award, Dave humbly said, "I am grateful for those who nominated me for this award. Specifically, the executive director of the UIAAA, Marc Hunter, and the Utah NIAAA liaison, Richard Barton. Both men are great examples I look up to. I am also grateful to work in Nebo School District with amazing administrators and with the other high school athletic directors who do an incredible job at their respective high schools."

During the state conference, Boyack has served as a conference faculty member, is the organizer of the "Healthy Lifestyles" activity at the beginning of each conference and has assisted in securing several conference speakers. Additionally, he has overseen the conference's scholarship golf tournament or, at minimum, served on the committee to put the tournament together for most of his years with the UIAAA, allowing the UIAAA to offer six \$2,000 scholarships each year.

His committee work at the state level includes strategic planning,

awards, sponsorship/fundraising, special projects, cross country scholarship meet director and committee member and the previously mentioned scholarship golf committee. Boyack was a driver behind a key Utah High School Activities Association (UHSAA) constitution and bylaw change to stipulate athletic/activities directors in Utah should attain their CAA within two years of their stewardship.

Boyack was previously named the UIAAA's Athletic Director of the Year. During Dave's tenure at Maple Mountain, the school was a four-time winner of the UIAAA Director's Cup. The cup is calculated by three parts: athletic (place or position a team finishes in the state tournament), academic (varsity team GPA) and sportsmanship/student-leadership (school participation in UHSAA-sponsored sportsmanship and leadership initiatives).

On the national level, Boyack serves on the NIAAA's retired committee and has attended nine national conferences. *(Serve Daily submission.)*



Courtesy photos

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FUNNY-ISH

Date Nights: Making Memories You'll Want to Remember

By Joe Capell

Are we spending the time we have with our families wisely? Do we want our kids to say things like, "Yup, Dad sure liked staring at Facebook," or "If only Dad and I had time to watch more 'Hawaii Five-O' together?"

No. What we should do is spend more



meaningful time with the people we love. At the start of last year, my wife came up with a brilliant way for us to enjoy time with our kids and each other: Date nights. Once a week, a day is set aside for date night. One week it will be one of the parents on a one-on-one date with one of the kids, and on alternating weeks it will be just my wife and I together on a date. This way, every child gets the opportunity to have one-on-one

time with a parent on a regular basis. And, my wife and I get to have time alone together every other week.

We have four children, so over the course of eight weeks, each child gets their own special night with one of their parents. (And over the next eight weeks, they get a night with the other parent.) It's a simple, yet brilliant, idea, and it has helped produce some of the most wonderful memories for children and parents

alike.

Over the past year, we've done so many fun things. I worked with my oldest daughter to create a superhero, complete with backstory and villains. With her and the other kids we've discovered new parks to play at. We've had lots of good food at fun, new places to eat. We tried food trucks. We've gone shopping. We've been to arcades. We've seen plays. We've gone to movies. It's been so much fun!

And it doesn't have to be anything fancy. One night my youngest son and I went through the drive-thru at Burger King and sat in the van eating our food, watching seagulls play in the puddles of the parking lot. He thought it was great because he got to eat while sitting in the front seat.

The kids love it and look forward to it. We are constantly hearing things like, "For my next date night with you, I want to...." They're excited for

their next turn and try to think up fun things to do.

And they like when it's Mom and Dad's turn for a date night, too, because it means they usually get to pick a movie and watch it together.

Date nights! Everyone is having fun, and maybe they'll look back and have memories they'll want to remember, instead of just all those times Dad nodded off while staring at his phone. *(Serve Daily submission.)*

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TRIBUTES

JOY WIMMER

Our beloved mom and nana passed away on Monday, December 27, 2021 in Springville, Utah. Joye was born on August 25, 1941, to Joe and Velda Widdison. She lived in Charleston, Utah for her first nine years, before moving to Springville. Joye married Bill Wimmer, her high school sweetheart, in the Salt Lake City LDS temple on November 22, 1960. She had planned to break



up with him after their senior prom, but then she fell in love. Bill chased after Joye and then they chased after their dreams together.

Condolences can be offered at www.springcreekmortuary.com. (Please read the full obituary online).

T. Randall Bateman

Thomas Randall Bateman, age 76, passed peacefully from this world on New Year's Eve, surrounded by loved ones in Provo,



Utah after a valiant battle with pretty much everything. He was meticulous about arriving on time and finishing a job perfectly, so it's no surprise that he chose to finish his work in this world on the last day of the year. It would have driven him nuts to start a year he couldn't finish.

Born in American Fork, Utah on March 13, 1945 to Wilford Waldo Bateman and Maurine Fage Bateman, Randall was a true baby boomer. He grew up in idyllic Alpine farm country with his four older siblings, Clarine, Louise, Lorna, and Brent. Randall at-

tended American Fork High School and met his sweetheart, Barbara Earle Ashpole, during her summer visit to Alpine.

Condolences can be offered at www.springcreekmortuary.com. (Please read the full obituary online).

Ryan James Tippetts

Ryan James Tippetts was born on Oct. 20, 1975, in Sandy, UT. Ryan passed away on Jan. 2, 2022, to cardiovascular issues that he



had been dealing with for a number of years.

Ryan was born to Jill Anderson Tippetts and Dennis Jay Tippetts and shared his childhood with his siblings; Jady Tippetts, Jennifer Norris, Travis Tippetts, and Jeremy Tippetts. Ryan was a very shy child growing up, but that didn't stop him from making friends wherever he went. He loved all of his pets, especially his best friend Felon, his family, and living the best adventures of his life. Most of all he loved and adored his two children: Rian Nicole and Talon James Jaromi-

ah Tippetts, and their mother Taecia DiAnn Berrett. They were the spark of his life, and he would do anything for them.

Shirley Marie Waters

Shirley Marie Waters was born on January 8, 1941 in Provo, Utah to Leonard Mark and Edna Etta Roadback Waters. Shirley grew up in Provo and moved around Northern Utah and lived in Orem most of her life. She settled down in Provo, Utah where she passed away on January 14, 2022.

Condolences can be
Continued on Next Page.

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offered at www.legacyfunerals.com.

Larry Jay Losee

Larry Jay Losee, who worked in the field of construction as an excavator and long resident of Spanish Fork, Utah died unexpectedly January 18th, 2022 at the age of 59 peacefully in his home. Jay was born in Payson, Utah on December 19th, 1962. He graduated Landmark High in 1981 and entered into the field of construction.

To leave condolences visit www.legacyfunerals.com (Please read the full obituary online).

Roberta Bryant

Roberta Ann Adams (Bryant), 82, passed away peacefully on Thursday, January 13, 2022, in

Spanish Fork, Utah.

Roberta was born on March 2, 1939 to Allen Devey Adams and Viola Ree Marness in Nampa, Idaho. Roberta was a talented artist since she was a young girl. She sketched and painted many pieces that family members enjoy today.

Condolences can be offered at www.springcreekmortuary.com. (Please read the full obituary online).

LoVee Ash (Harder)

LoVee Ash (Harder), 76, of Springville, Utah, passed away on Sunday, January 16 of 2022.

LoVee was born on May 6, 1945 in American Fork, Utah to Ro-



mell Richardson Ash and June Pearl West. She was the second of four children in the family. She and her siblings grew up in Pleasant Grove, Utah.

Condolences can be offered at www.legacyfunerals.com. (Please read the full obituary online).

Zera Lorraine Staheli

9/2/37 - 1/17/22

Dad was born into a loving family on a farm in Enterprise, Utah.

His father, William, was a school teacher and farmer, his mother, Dessie, was his adoring Mom. As the baby of the family by 7 years, he idolized his older brothers (Bill, Reece, Mel and Eli) and was dressed up in girl baby clothes and ringlets by his only sister, Merlene, who had wanted a little sister. As a



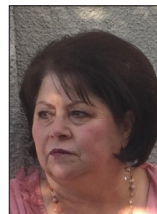
little boy, only 3 years old, Dad rode the old brown horse bareback down the rows of potatoes, dropping burlap bags every 10 feet or so for the potato pickers to fill. By the time he was 4 he was kneeling on the seat of the 1937 International truck, steering down the rows while his brothers hauled hay. He learned to milk cows from Mel and Eli, the love of books from his father and a love of bread and milk from his mother. He loved playing hide and seek with his best friend: a small black dog named Tip.

(Please read the full obituary online at springcreekmortuary.com).

Linda Ross Denver

Our wonderful and beautiful Mom and Nana, Linda Ross

Denver, passed away



from respiratory failure and returned home to our Heavenly Father's loving arms on Tuesday, 18 January 2022.

Linda was born in Salt Lake City, Utah on 14 December 1947, to Loryn S. Ross and Barbara Gene Hair. She is the 2nd oldest of her siblings and grew up on a farm in Pleasant Valley, Utah, until just prior to her senior year in high school when she moved with her family to Mesa, AZ for the winter. They returned to Pleasant Valley, Utah in the spring.

She fell in love with and dated Kent Elmer Denver through high school. They were married on 23 June 1967 in the Salt Lake LDS Temple.

Condolences can be offered at www.springcreekmortuary.com (Please read the full obituary online).

Virginia Carolyn Bridges

Virginia Carolyn Bridges, age 95, died early morning



on January 19th 2022, in her Spanish Fork Utah residence, of natural causes.

Virginia was born October 11, 1926 in South Lee, Massachusetts to Theodore and Dorothy Lockenwitz. Virginia was the 4th of 11 children. When she was 14, Virginia left home and moved to Agawam, where she graduated High School in 1944.

To leave condolences and share memories of Virginia, visit www.legacyfunerals.com (Please read the full obituary online).

"What you do makes a difference, and you have to decide what kind of difference you want to make."

~Jane Goodall

"Don't feel bad if people remember you only when they need you. Feel privileged that you are like a candle that comes to their mind when there is darkness."

- Anonymous

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