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52nd Annual Utah All-State High School Art Show on Display

Submitted by Shannon Acor, Springville Museum of Art Associate Director

The 52nd Annual Utah All-State High School Art Show is on display now at the Springville Museum of Art. Stunning works from 11th and 12th graders from all high schools across the state competed in this highly competitive juried show. Each high school, whether public, private or homeschooled, are given an allotment to be submitted based on their student population and past acceptance.

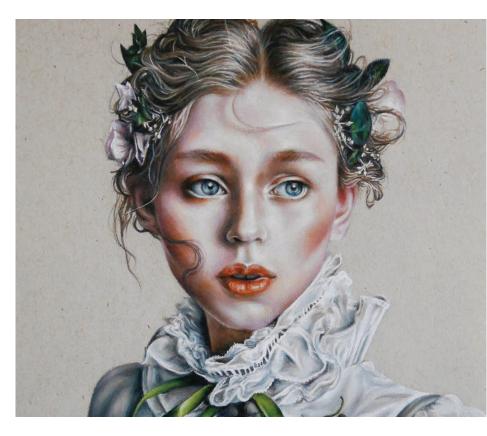
"Just like a state competition in sports, this is the state competition for artists," Springville Museum Head of Education Allison Pinegar explained. "This includes categories in painting, drawings, sculpture and mixed media, photography, video and digital art."

There were 1,100 entries this year, and judges painstakingly whittled that number down to 300 to be on display on the main floor of the museum.

Various groups and organizations throughout Utah support these talented students by generously providing awards and scholarships for the All-State High School Art Show. The Utah State Senate selects the Senate Visual Arts Awards; the Utah State Board of Education purchases pieces for their own collection; and the Congressional Representatives select awards from each district. The Congressional Winners and family are flown back to Washington D.C. for a special presentation. The winners will have their work placed in their representative's congressional office.

The competition also has a number of artist groups who provide cash awards and scholarships. Some of those include: Artist Nosh, the Plein Air Painters of Utah, the Utah Watercolor Society, the Visual Arts Institute, JKR Academy, and more. This truly is a celebration of the students and each award goes to support the students directly.

The Springville Museum of Art invites you to view these spectacular works from Feb. 3 to Mar. 22, at 2024 at 126 East 400 South.





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New soda shop in Payson lets you order a 'Karen'

By Ari Brown



Brooke Holm, owner of Bevvy's Soda Shop in Payson across from Smith's.

ou've heard about a ordering you around, but have you ever heard about ordering a Karen? Well, if you go to Bevvy's Soda Shop in Payson, you'll be able to do just that.

Owner Brooke Holm opened Bevvy's Soda Shop in December of last year with the goal of having unique soda flavors and names to match.

Many of the names and flavors include "Say Uncle," which is a peach sour candyflavored Sprite, "Boy Band," which is a passion fruit coconutflavored Sprite, "Zero Rizz," which is pomegranate coconutflavored Dr. Pepper that has its namesake rooted in teenage lingo. There is, of course, "The Karen," which is

a pomegranate vanilla cream flavored Coke.

Holm said that there is more to "The Karen "than meets the taste buds.

Holm explained that her family owned a cosmetology school, and after selling it, the school was going to move into a location that used to be Karen's Floral Designs. When those plans didn't work out, Holm decided that she would turn the location into a soda shop and name a drink after the former

"My family and I opened American Beauty in 2007, which is a cosmetology school," she explained. "I ran that for a dozen years or so, and we sold it in 2020. I went back to help the new owner with

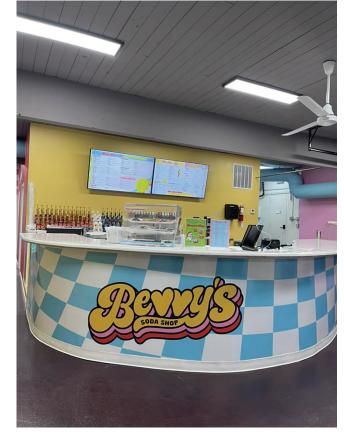
the school, and when Karen Floral decided to move out, we were going to do an expansion of the school. I designed a whole new expansion so that the school could take over, but after a couple of months, my boss changed his mind and then I was like, 'well, shoot.' I didn't want to have to leave the place and new neighbors, and it was a really, really good spot. And I was like, well, then, I'll do something here."

"Karen owned the shop for 43 years, so she had been in that location for a really long time," Holm continued. "It was only fitting

to name a drink after her, and with 'Karen' being kind of a funny joke these days, it just makes it that much more funny."

Holm said that all jokes aside, she has long been a soda fan, and she's excited to be able to finally own one of her own.

"I've always been known as the Diet Coke girl who always had a drink no matter what," she said. "I moved from Payson to Santaquin, and there wasn't a soda drive through. I mean, you could get a drink at the gas station, but that was about it. Then I thought about opening a place in



Santaguin, and that's kind of where the juices started flowing. And then it occurred to me that the building I was in had a drive through and I was like, 'I'm going to open Bevvy's right here in this spot!"

As for the name, "Bevvy," Holm said that it's what she's always called her drinks.

"I've always just called my drinks a 'bev' or a 'bevvy' because it's short for beverage," she said. "I always said that I was going to call it Bevvy's when I opened a drink store. My kids say my mom likes Diet Pepsi so much, she opened her own diet Pepsi store."

If you're wondering if Holm has a favorite drink, she indeed does. It is a coconut fresh lime-flavored Coke or Pepsi fittingly named, "The Bev."

Whether you're in the mood for a "Karen," "Boy Band," "Dad Joke," or classic "Bev," stop by Bevvy's Soda Shop located at 607 South 100 West in Payson. Bevvy's can also be followed on Instagram @bevvys. soda.shop.



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Catching Kids Before They Fall, Preventing Suicide, Empowering Heroes

Submitted by Elysia Butler of the The Hope Hero Foundation













Have you ever wondered how to turn kids into the heroes of their own stories? Well, after teaching thousands of kids for the past 15 years, I have developed a roadmap for you – it's called the Hope Hero's Compass!

Here are the directions:

1. Connection:

Start with a big smile, throw in a high five, and make sure your vibe is welcoming because the truth is, kids won't care about how much you know until they know how much you care. Build that connection, and you're setting the stage for something magical.

2. Communication:

Kids want to be seen, heard, valued, and appreciated, and one way to do that is to have open communica-

tion. Ask them things like, "Do you want me to listen or to listen and respond?" Give them the space to open up, and watch the conversations shift in a powerful way.

3. Confidence:

Believe in those kiddos! Let them know they're capable of anything. It's OK if they "fail" at something because that's where the growth happens. Let them spread their wings, and watch their confidence soar when they realize they are capable.

4. Courage:

Share your own struggles by being real about life's ups and downs. You're not aiming for perfection; you're taking steps every day toward progress. This not only assures kids that they're not alone, but also empowers them by offering them the

strength to open up, take action, and face their own journey with bravery.

Now, here's the big dream of The Hope Hero Foundation: We aim to proactively prevent teen suicide by equipping every kid with resilience, courage, and self-belief right from the get-go. That way, when life throws a curveball, they're ready to be the heroes of their own stories.

Resilience isn't about bouncing back from adversity; it's about bouncing forward and moving through situations with hope and purpose. We can raise resilient, confident, and courageous kids who understand their own strength because of the challenges they have overcome. It is time for a change. Together we become heroes. Together we are saving lives and building bridges of connection. Together we are changing our

communities and healing through meaningful conversations to build confidence in our children. Now is the time to proactively empower our kids and families.

Join us in catching kids before they fall and helping them become the heroes they're meant to be!

We are having a party with a purpose to celebrate this mission, and it will be held at the Red Sneaker Gala on Feb. 3 in Syracuse, Utah, at Warehouse 22.

Get your tickets at thehopehero. maxgiving.events/tickets and let's make a difference together! It's going to be a night of hope, empowerment, inspiration, fun, and dancing – all for a great cause. See you there!If you missed this event or simply want more information visit thehopehero-foundation.org.

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FEBRUARY 2024

To Protect and To Serve: Mapleton Police officers Hatch and NYX

By Kevin Jennings

apleton Police Officer Rebekah Hatch was raised in Genola, Utah, a nearby rural community in Utah County.

Serve Daily recently had an opportunity to chat with Officer Hatch and to discover more about her and her canine partner in law enforcement, NYX.

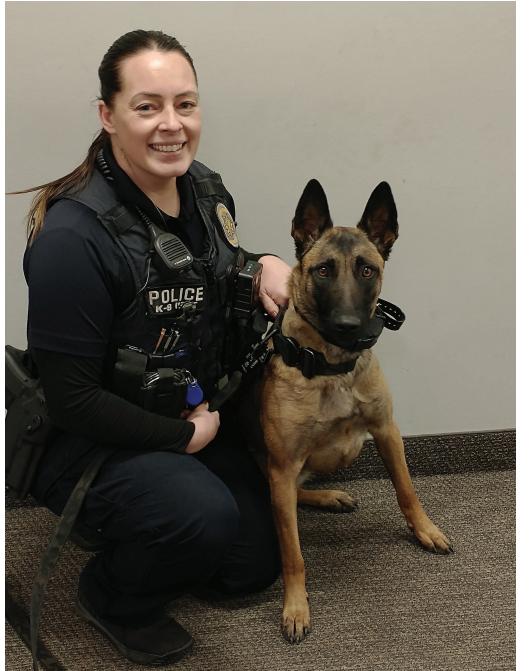
Officer Hatch has been a police officer for about four years and NYX is newly-certified in a number of skills as of December 2023. It's impressive to realize that NYX already has a number of arrests credited to her skills in drug detection.

It seems to be a fairly common thing, but swing shifts for police officers appear to be a favorite due to the variety of calls and the opportunity for service to the community in various ways – Officer Hatch is no different.

Although NYX is relatively young, being less than two years old, she is ready and willing to go to work anytime and offer her unique services to the community as well

Whenever Officer Hatch and NYX are invited to meet with local children, NYX is the star attraction, as they love watching her demonstrate her talents and agility as a member of the Mapleton Police Department.

NYX is a Belgian Malinois, which a favorite breed of choice for police and military work due to their intense drive, focus, agility, and smaller size than a German Shepherd. Their amazing



bite strength can be as much as 195 pounds per square inch of force.

NYX is multilingual, understanding and responding to commands in multiple languages, including English.

When asked, Officer Hatch said she was, in part, selected to be a dog handler for the police department due to her personal interest in working with dogs.

NYX is currently in training to earn more certifications and the intensity of her duties can readily be seen in her demeanor, especially her eyes.

NYX travels with Officer Hatch while on duty, but has her own area within the police station that houses her crate, gear, and other training items.

According to John Jackson, Mapleton's Police Chief and Public Safety Director, NYX has been included in the Mapleton Police Department's family as a result of a few generous citizens that have privately donated their personal resources for the benefit of the entire community.

When out and about in the Mapleton area, keep your eye out for Officer Hatch and NYX. They are out there giving their all to the citizens of Mapleton, day and night.



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Magleby's in Springville offers family friendly fine dining, catering, events and more

By Ari Brown

For nearly 45 years, Magleby's has been serving fine dining to residents, and the restaurant in Springville is proving to be a community staple.

Located at 198 S Main St., Magleby's offers fine dining, buffets, catering options and special events. The menu that is described as an "eclectic" and "stylish American eatery," is created and executed by Chef Kuldeep who has been with the restaurant for the past 15 years.

Visitors have described the food and service as "top notch," and corporate banquet coordinator, Maiya Lara agrees, adding that it is the customers who make them want to be the best.

"Our service and how much we care for our customers sets us apart," Lara said. "Maglebys truly wouldn't be where it is without our amazing customers. We appreciate our customers who choose to walk into our restaurant, our brides that choose us to cater for their wedding on their special day and the wonderful businesses that choose us to cater for their events. We strive to leave our customers happy and satisfied with our service."

Lara started working at Magleby's in the fall of 2023 after a long held dream of becoming an event planner. She said that there is no place quite like Magleby's.

"I have always wanted to be a wedding planner or venue coordinator," Lara said. "I love our food but most importantly, I really love the Magleby's environment. When I walk into work, I feel as if I'm walking into a room full of friends and family. It's an amazing feeling to have and I'm grateful for such a great work environment."

Lara spoke highly of her two favorite dishes, which are the raspberry cheesecake squares and cream cheese filled crepes with raspberry sauce, but was quick to say that Magleby's is more than just a restaurant. She spoke about the things that go on behind the scenes, including what they call "the Grotto."

"We have a beautiful room downstairs called the Grotto," she said. "It's a room our customers can book to host a luncheon or dinner. We have many customers who host wedding dinners, business events, birthday parties and family parties. It's a private area downstairs in the restaurant where many can gather to enjoy a nice meal with family, friends or coworkers."

A place for families

While fine dining and events are very much a key part of the Magleby's experience for many of its customers, the family-centered environment that began with restaurant creator David "Doc" Parkinson is still very much intact.

Human resource specialist Marcia Green has worked for Magleby's for 15 years. She said that while there have been many changes over the years, the restaurant remains very



Maiya Lara and Jace Collins, a recently engaged couple, set to be married later this year. Enjoying a relaxing dinner at Magleby's on a Saturday evening with live music.

family centered.

"The family who started it has

MAGLEBY'S continued on Page 7.



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The Parkinson Family -Lenora Parkinson, Richard Parkinson (son), David "Doc" Parkinson

been great," she said. "It originated with Doc, and then his son Richard ran it and it was recently purchased by a man named David Doty who has made sure that it stayed with the family friendly feel."

David Doty, who is the CEO and founder of Kesington Asset Management, posted on his Linkedin profile in the spring of 2023, stating that he hoped to "honor the restaurant's legacy," and that he felt like he got to "stand on the shoulders of giants."

"After investing in a restaurant, I consider it an honor to help carry on the founder's legacies," the post reads. "The founders (and their families) were the people who struggled day-in and day-out for

decades to establish and grow a brand. I feel like I get to stand on the shoulders of giants. ... "Today, we made an investment into Magleby's. The Parkinson family has owned and operated the fine dining concept for 42 years. With our investment, I am stepping into the role of a Managing Partner, and hope to honor the restaurant's legacy while growing the catering and restaurant businesses. I am excited to help lead Magleby's into its next chapter... one piece of chocolate cake at a time."

Green agreed that the desserts are top

notch, adding that enjoying desserts and other entrees at the Grand Buffet is an experience all its own.

"The desserts are out of this world, and the halibut is fantastic!" she said. "Everything is from scratch. All the food is like you would cook at home only better. The blackened chicken pasta is always a staple and the shrimp tacos are amazing. You just can't go wrong

watch it grow.

"The whole vibe of the building just fits in with everything," she said. "It's an old building that's been through a few things. It started out as an old grocery store and then it's been an art museum and now it's in Magleby's. It's just beautiful. The building's beautiful. You get to go in and have good food and experience a great environment!"



The Grotto, downstairs at Magleby's.

with anything on the menu. Our chef is amazing. One of our favorite nights is Grand Buffet night. It's just magnificent."

The Grand Buffet takes the last Friday of every month from 4 p.m. to 9 p.m. and has 16 items to choose from including appetizers, seafood, prime ribs, a carving station and tenderloin carving, lots of side dishes and a large variety of desserts. Green said that this event sells out fast, and that they often book out months in advance.

Green said that the location in Springville is growing, she's excited about the direction the restaurant is heading, and she looks forward to Magleby's in Springville is located at 198 S Main St. in Springville. It is open Monday through Thursday from 11 a.m. to 9 p.m., and Friday and Saturday 11 a.m. to 10 p.m. There is a lunch buffet on Wednesdays from 11 a.m. to 1:30 p.m. and the Grand Buffet is held the last Friday of every month from 4 p.m. to 9 p.m. Also, every year for Valentine's Day and Thanksgiving Magleby's has special reservation only buffets. For more information or for reservations, go to maglebys.

(Watch for the article online as it will feature additional photos.)



The delicious Creme Brulee with raspberry sause.

Local places and events to weather the late winter months

By Ariel Higgs

Gray skies, gray snow, and brown everything else (often covered by layers of wet cold nonsense falling out of the clouds) seems to be what life is about. Gone are the merry elves, charming reindeer and Christmas lights. All we are left with is the lonely dark that starts much too early in the morning and comes back way too early in the evening. The kids have cabin fever and you all need something to get you out and about. Well, here is a list of places to go to help you keep your sanity, hopefully.

The Hive Trampoline and Adventure Park 955 N Main Street Spanish Fork

This fun center is a great place for people of all ages to get active even when it's below freezing outside. With trampolines, an arcade, dodgeball arena and more, this is a great place to run off some energy. For pricing, hours and more visit www.hiveparks.com.

Coin Crazy Family Fun Center, 1024 Expressway Lane Spanish Fork

This family center has games of all kinds for you to have fun while staying warm and dry inside. With a fully stacked arcade, laser tag arena, bowling lanes, and even the latest VR powered gaming experience available, and a food court, you can make an afternoon or a day of it. Check them out online at www.coincrazyffc.com



Photo by Skip Gordon at The Hive Trampoline and Adventure Park.

South County Lanes, 122 900 N., Payson

For those who are interested in

something a little more traditional, South County Lanes has all of the charm you'd expect from a family owned and operated Bowling Alley. This bowling alley and family fun center is a great place to bowl a few games (take a few frames and make a turkey) and hang out in a family friendly, laid back atmosphere. But don't let their easy going appearance fool you, they also boast a laser tag arena, arcade, and billiards. Check them out online at bowlinginpaysonutah.com.

Springville Museum of Art, 126 E 400 S Springville

If you're looking for something a little more low key, check out the Springville Museum of Art. This unique attraction in Springville holds an amazing collection of art composed mostly by Utah artists. They host unique exhibitions that change frequently to keep the art fresh and exciting.

From Feb. 3 to Mar. 22, the 52nd Annual Utah All State High School Art Show will take pace. This unique event will highlight more than 300 works of art from over 100 high schools around Utah. Come out and enjoy beautiful artwork while supporting our young artists. Visit www.smofa.org for more information.

Hopefully one or many of these places will help drive away the doldrums that are the late winter months. There's always an adventure to be had somewhere, and sometimes we just need someone to tell us where to look for one. Happy winter!



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Good People, I know you're there

By William Boardman

Jack Johnson sings a song, "Good People," with the line "Where'd all the good people go?" Jack pines for the good news and TV programming of yesterday. It's a catchy tune, but it leads you to think that the good days are gone.

Do you remember the Bruce Willis movie "Sixth Sense?" The child psychologist who is tormented by the experience of a client that he wasn't able to help, focuses on a boy having similar difficulties. And then that boy utters the line from the movie that catches our attention, "I see dead people." From that point on in the movie, you're wondering which of the people in the movie are dead people.

This week, I've had a vaguely similar experience. I noticed people in business and people in the community who were going above and beyond to help someone. It caused me to utter, "I see good people." I started looking at all the places where people who need help with various things went to get help. Businesses come to mind because when I am in need of groceries, gas for the car, dry cleaning, a hospital, and hundreds of other needs, a business can be found that wants to help. In some of those businesses you find the people who go above and beyond the standard level of help.

I saw it at an auto repair shop that had people in line for service. Some needed more frugal options, and the owner was good to look at to see what he had available to help them out. At an auto parts store, I was engaged by employees that were not only helpful, but gracious to boot! I'm telling ya, I see good people.

They are not only in business, but in your neighborhood as well. When a person has a health concern, car trouble on the highway, or the water heater goes out, neighbors check in and some go above and beyond the standard level of concern by shopping, giving them a hand with a repair, or giving them a ride to work or the doctor's office

I visited a friend and neighbor who's been recovering after some serious medical issues. She told me about some people who have given her rides when she needed, and taken care of her property. Here, too, I see good people.

Years ago, there was a forest fire that burned a lot of the trees off the nearby mountains in Santaquin. The spring following the fire, the rains came and caused flooding and some landslides. A call went out to help the residents whose homes were affected up in the bench area. There were several bus loads of people who went up with shovels and brooms to dig and clean up those homes. I would include the police, firefighters, EMTs, and volunteers who contributed in many ways during this disaster.

This ties in with something that one of my childhood influences had to say about troubled times. Mr. Rogers said, "My mother would say to me, 'Look for the helpers. You will always find people who are helping.' To this day, especially in times of disaster, I remember my mother's words, and I am always comforted by realizing that there are still so many helpers — so many caring people in this world." Amen, to that. There are many caring people in this world.

Good people give on three levels; their own time, their effort, and their attention. My hat is off to all you good people. Most of the time, few people are aware of your help, but the difference it makes in the community cannot be overstated. You are the reason the world is such a nice place. I see good people.



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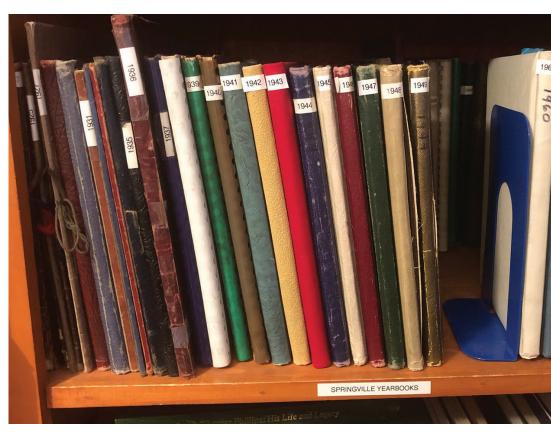
Springville Historical Society Seeks Help

In preparation for the 100th Annual Art Salon, the Museum of Art is spearheading the effort to digitize all of the Springville High School yearbooks that have been printed. The process is well underway, but many volumes are missing. If you would like to donate to the Springville Historical Society, or loan one of the missing volumes for digitization, please contact M. Lee Taylor or on of the other principals of the Society.

As of January 29th the following volumes are still needed:

1919 1986 2006 201 1920 1989 2007 202 1921 1990 2008 202 1922 1991 2009 202	2018 2019 2020 2021 2022 2023
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Type the following link in a browser links.servedaily.com/springville-historical or visit Facebook and search Springville Historical Society to make contact with M. Lee Taylor and others in the group.



Note the yearbooks missing in the gap in this photo are currently out being digitized.





Oasis Art and Learning Center in Springville offers experiences for all abilities

By Dave Hennessey

In July of 2019, TURN Community services opened "Oasis Art and Learning Center" at 451 S. Main St. in Springville. Oasis serves as a weekday gathering place and education center for people with developmental disabilities to learn new skills and create together.

Oasis was
established to serve
individuals in south
Utah County, from
communities such
as Springville,
Santaquin, Payson,
Salem, and Spanish
Fork. The Oasis staff
empowers people
with disabilities to
grow and deepen
their sense of

identity through art and learning activities that include: painting, drawing, sculpture, music, dance, photography, and other fine arts. Oasis is one of TURN's 15 operating art / day centers in the state, and one of five here in Utah County.

Pablo Picasso once said, "Every child is an artist. The problem is how to remain an artist once we grow up." Sometimes, when artistic opportunities are reintroduced to adults, they describe having new and fresh experiences, even "a second childhood" of exploration and creativity. But some people have never had the opportunity to "be an artist" and, as an adult, may be introduced to the fine arts for the first time. This is the context behind TURN's philosophy and vision for their Art Centers.

TURN staff and volunteers explore ways of introducing music, movement, and mixed media art to adults who have typically had limited opportunities for creative expression. Often, the people served



by TURN have also lived with limited opportunities to choose and make even simple decisions. TURN believes that the more we value and have high expectations for the people served by the agency, and the more personal control that is given them, the greater will be their life satisfaction and their willingness to try new things. Program participants are free to express themselves rather than just doing things the way they're told. With some guidance, the Oasis artists are choosing unique projects, colors, and art mediums, and are proud to identify themselves

Service and Employment Opportunities

Over the years, Oasis has received donations of a baby grand piano as well as drums and a variety of percussion and rhythm instruments. We welcome any further donations of musical instruments, percussion, or artist's supplies. TURN also likes to make active use of the local arts and volunteer community and, as such, is looking for artists and

musicians who are willing to teach or assist in painting, music, voice, dance, theater, sculpture, and other arts classes and projects. Come and lead a drum circle! Oasis is also a perfect place for musicians to come and play for a very appreciative audience!

TURN employs over 400 fulland part-time workers throughout the state to provide instruction, supervision, and mentoring to its service recipients. For positions in direct support, no experience is necessary, and all training is provided. In Utah County, TURN employs about 70 people, and there are always open positions. To apply, go to our website at www.turndreams.org, call 801-343-3900, or visit TURN's Utah County office at 1921 N. 1120 W. Provo.

TURN Community Services, Inc. is a nonprofit organization that was founded by parents in 1973 to create alternatives to institutions for their children with disabilities. In 50 years, TURN has grown to provide services to over 750 individuals

throughout the state of Utah, offering a full range of residential, employment, day services, summer camp, and family support and respite services.

Oasis Art and Learning Center is located at 451 S. Main St. in Springville. Come be inspired by people who overcome significant obstacles every day and produce magnificent creations in the refuge of Oasis!





Photos by: Pete Hansen

LOCAL BAND COMBINES GRUNGE, BLUES, BLUEGRASS, COUNTRY AND ROCK TO FORM UNIQUE SOUND

By Ari Brown

In case you were wondering, the 90's are back, and we're not just talking about flannel shirts, baggy jeans and hanging out at the bowling alley -- although all three play a role in what some may be calling the long awaited comeback of the

Local band, Social Soup has been combining grunge, blues, bluegrass, country and rock and roll to form a unique sound while subsequently remaking some 1990's classics. Many performances took place at South County Lanes that just so happens to be owned by front man Bud Marrott. The combination of sounds and ambiance is sending

many down memory lane while subsequently experiencing a one-ofa-kind sound.

Marrott said that's exactly what the band is hoping for. He also said that with a unique style, came a unique name.

"When we were deciding on a name, it was just kind of one of those random things," he said. "It's kind of a social media mash, and kind of like a stew of just everything that's going on. It's kind of the same as our style because we take elements of all the music that has influenced us over the years: the grunge and blues and bluegrass and country and rock and roll and we

just kind of mashed it all together and we kind of came up with a pretty unique sound and style."

The band is made up of four members. Scott Castillo on drums, Caden Barney on bass, and Rory Childs on guitar. Marrott said the band is made up of some really talented musicians, and he's really happy with the way they work together.

"I met Caden when playing for the show choir for ALA high school, and then Rory was my guitar teacher for a while and then we started playing for the Seventh Street Blues Band, which is another active band that we both play for," Marrott

explained. "Our relationship has just kind of grown from there and Scott and Caden knew each other from the ALA show choir where Scott used to play the drums with them as well. Caden came and sat in with us for the Seventh Street Blues Band a couple of times when we needed a bass player. We started out as a trio with another drummer, and then when that drummer left, we brought Scott on and then we brought Rory on and we're just going strong. Most of the music we play are original songs, but we do a few cover songs."

SOCIAL SOUP continued on Page 13.



original songs.

"'I Wanna Get High' is super fun because we usually close with it and we each have a big solo at the end," Castillo said. "My personal favorite cover we do is a tie between 'Brick House' (by the Commodores) and 'Put it in Me' (by Matt Maeson). My favorite original is 'No Good as friends.' The grooves on all three are just so fun."

Castillo, who has been with the band for almost a year now, said that he has enjoyed his time playing Blackjack's back in November with the rock band Hurricane Nicole and they're probably going to go back and do some more there and I'm sure we'll be playing," Marrott said. "I know we're going to work on some stuff for this summer. We're trying to expand and actually do a music festival up at the Red Barn, but I don't have all the details on that yet. Those are some of the things we do have kind of in the works."

The band has a few shows in the works, and those interested in knowing more can follow Social Soup on Instagram and Facebook @ socialsoupband.

One of those cover songs is 90's hip hop classic, "I Wanna Get High" by Cypress Hill. The original song has a slower beat with a fast rap segment that many Gen X-ers pride themselves on being able to recite. Social Soup has recreated that song with their up-tempo sound, and Marrott showcases

his vocals in a fast-paced rap that Cypress Hill frontman B-Real would be proud of. Social Soup Drummer Castillo said that this song is one of his favorites to play, adding that he also highly recommends the band's



"I think our band has a very fun and unique sound, and the guys are all so easy to get along with," he said. "The vibes are immaculate!"

The band plays at other venues like Black Jack's Bar in Spanish Fork, City Celebrations (book them now for your city event), Car Shows, Wee Blu Inn, and one at the Rowley's Red Barn in Santaquin.

"We played over at



Top: Scott Castillo on the Drums Middle: Budd Marrott, Vocals Bottom: Rory Childs, Guitar

Front Cover: Caden Barney

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Did you know Downtown Main in Payson is under construction?



Downtown Mainstreet between 100 North and 100 South is closed to vehicle traffic from now until early summer. However, access to businesses is available either through the front or rear entrances.

In front of Wee Blu Inn a huge cement structure underground was removed, broken up, and hauled off.

The area is undergoing long awaited renovations to fix the road, utilities, water lines, parking, sidewalks, landscaping, and any

other unforseen issues in the area.

Parking is available on Utah Avenue near Mi Rancherito and the parking area near there, as well the area between Payson Total Fitness and Payson City Library.

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Serve Daily plans to have more available offers for local businesses in upcoming issues.



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Upcoming Angelus Events

By Ariel Higgs



It's that time of year when the magic of Christmas is a distant memory and now the thought of snow just brings about groans for the impending shoveling and difficult commutes that feel more like a twisted squid game challenge. Yet, cabin fever is rampant, and the incessant need to get out is almost maddening.

If you're wondering how to avoid being out in the snow while still getting out and having a good time, look no further than Angelus Theatre in Spanish Fork.

The Angelus Theatre has several events coming up this winter to cure your cabin fever without leaving you in the cold. Here are some upcoming events at the theater to be aware of.

Feb. 3 is Amateur Comedy Night from 7-9 p.m. This family friendly event is sure to tickle your funny hone.

On Feb. 16 are auditions for the "Rock Opera Valhalla." This is your chance to be a part of a show

that has everything from romance, to mystery, to action with a killer soundtrack.

Feb. 17 is sure to be a musical explosion with "The Flying Coffee Beans," "Among the Wolves," and "Down River" all playing at the theater.

On Feb. 24, the Classic Rock Tribute Band, "Seasoned Amnesia" will be playing at 7:30 p.m. If you love music from the 70's and 80's, this concert is for you!

In addition to all of these fabulous upcoming events, the theater also offers youth classes that cater to all ages, abilities, and commitment levels. Theater can help with public speaking skills, confidence, memorization skills, as well helping to manage anxiety.

If you or someone you know is interested in any of the upcoming events, theater classes, or and interested in hosting an event in this unique venue, go to angelustheatre.com.



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Nurturing Your Well-Being: Winter Self-Care and Mental Health Tips

By Alex Sousa

As winter settles in, many people find themselves navigating the challenges that come with the colder months. While November and December are filled with holidays and excitement, what remains of winter can seem dreary. The combination of shorter days and colder temperatures can sometimes take a toll on mental well-being.

"As a human, you are just as much a part of nature as the hibernating bears and the slumbering trees," Naomi Jenkins, a certified life coach based in Utah County said. "We were always meant to ebb and flow with the seasons. Trying to push ourselves into hyper-productivity during sessions meant for rest is the quickest path to burnout."

While the earth itself slumbers, it's important to take the opportunity for ourselves to rest and recharge too. One way to slow things down is by practicing more thoughtful exercises, like meditation. Incorporating mindfulness and meditation into

a daily routine can help foster the slower pace that winter requires. Taking a few moments each day to focus on breathing or engaging in guided meditation can help reduce stress and promote a sense of calm.

"Without seasons of rest, seasons of growth are unsustainable," Jenkins said.

The colder months offer a great time to reconnect with people, too. Social connections play a crucial role in mental health. If possible, it's best to meet friends and family in person. However, even when the weather continues to be frightful, people can schedule virtual hangouts. Whatever the venue, it's important to share thoughts and feelings, and support one another during these short days and cold nights.

Speaking of shorter days, exposure to natural light during the winter becomes crucial. Specialists recommend people spend time outdoors during daylight hours, whether it's a brisk walk, building a snowman, or simply enjoying a warm drink on the porch. Natural light has a positive impact on mood and can help regulate a person's circadian rhythm.

"Listen to your body, prioritize basic self-care, like nutritious food, good hydration, consistent sleep, etc.," Jenkins said. "Lower the baseline of expectations for what constitutes success.

Physical activity is a powerful mood booster. Engaging in activities that people enjoy, whether it's a home workout, yoga, or a winter sport, can help improve your mental health. Regular exercise releases endorphins, which can help alleviate stress and anxiety.

Less stress and anxiety also means better sleep. Quality sleep is essential for mental health. Doctors recommend establishing a consistent sleep routine, creating a comfortable sleep environment, and limiting screen time before bed. The blue light from electronics can stimulate the mind, making it harder to fall asleep effectively. It's best to put the phone away early and provide time for the mind to calm down. Adequate rest contributes to better mood and overall well-being.

Diet can play a part in mental health too. Eating a balanced diet rich in nutrients can help these waning winter months pass easier. Include fruits, vegetables, and whole grains in meals to support both physical and mental health. It's also important to stay hydrated and be mindful of the foods that contribute to overall well-being.

Above all, though, it's important to be realistic about what can be accomplished in these slower months.

"Be gentle with yourself," Jenkins said. "There is wisdom in leaning into the slower pace of things."

Breaking down tasks into manageable goals can help keep a

MENTAL TIPS continued on Page 16.

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Springville Seniors Finish World's Largest Puzzle

By Ariel Higgs

60,000 is a huge number. 60,000 of anything will take up a lot of space. In spite of such a daunting number of pieces, the Springville Senior Center decided to take on the monumental task of putting together the world's largest jigsaw puzzle. This puzzle, created by world renowned Utah artist Eric Dowdle, depicts a massive map of the world. This 60,000 piece behemoth is a staggering 8 feet tall and 29 feet long. This project took nearly three months, totaling 280 hours to put the puzzle together.

Daryl Tucker headed up the project, suggesting it after hearing about other community groups that had put the puzzle together. The puzzle came in 60 bags, each containing its own 1,0000 piece section of the puzzle, in order to make the logistics of putting the puzzle together a little more manageable.

Those who worked on the puzzle said that they loved the sense of purpose it gave them. They were able to spend time visiting together and became close to others they might not have thought to talk with otherwise. There were many who came in early and stayed late in order to work on the puzzle. As the puzzle moved closer to completion, the excitement built.

The Springville seniors were not the first to put together the massive depiction of the world, but they may have been the first to put it together raised up off the ground.

"We put it together in sections, and then laid it out on top of boards to get it ready to put all together," Tucker explained.

One of the seniors who worked on the puzzle said that most of the individual puzzles didn't have straight edges, which made it extra challenging to put it together.

The puzzle was completed on Jan. 17, and people came from all over to see the monumental accomplishment. From members of the community, to news reporters, everyone was astounded by the dedication and patience the seniors in Springville put into the project. Many gathered around the massive piece of art and pointed out all the details from the little Utah easter eggs, to Delicate Arch, the St. George Latter-day Saint Temple, the University of Utah, and even a hot air balloon that proudly displayed the logo for Orem City.

When asked about how the senior's felt about the project, Tori Eaton, the Manager of the Springville Senior Center said "There was a great sense of purpose with the seniors working on the puzzle. They were invested in a big project and proud of their progress. There were also a lot of friendships made through the many hours they spent together."

This project is a wonderful example of why senior centers are so beneficial to the communities they serve. Giving seniors a place to gather, socialize and retain a sense of purpose through working on meaningful things, gives them a reason to get up and get out into the world at a time of life that can be so isolating.

The Springville Senior Center is happy to provide such a unifying and welcoming place for seniors to come and connect. Some of their upcoming events include planned trips to Shen-Yun in March and open Pottery Studio time. For more information on these activities, membership, or how you can support this wonderful service, go to springvilleseniorcenter.org, call 801-489-8738, or just stop in at 65 East 200 South in Springville between the hours of 8 a.m. and 3 p.m. Monday-Friday.



Tributes



Carma Lance **Barlow**

Carma Lance Barlow passed away on January 17, 2024, in Mapleton, Utah. Carma was born on May 21, 1930, in Logan, Utah, to Jay Reed Lance and Zina Cloene Barrus Lance. She grew up in Moab, Utah, where she excelled in school and enjoyed spending time with her parents, four siblings, and extended family. As a young woman, she served a mission for the Church of Jesus Christ of Latter-Day Saints in England and Scotland; upon her return, she worked hard to put herself through school, eventually graduating from Brigham Young Universi-

Carma married Brentnall Haven Barlow in the Salt Lake Temple on September 24, 1959. They moved to Taylorsville, Utah, where they lived for almost four decades. Carma and Brent were devoted to each other, their four children, and their 15 grandchildren. Carma loved being a grandmother and was known as the "marshmallow Grandma" because she often brought bags of marshmallows or Rice Krispy treats when she visited. Carma was also blessed with 21 great-grandchildren. In later life, she was able to

live with two of her children and one granddaughter. By doing so, she was able to watch some of her grandchildren and great-grandchildren grow up. This brought her great joy and satisfaction.

Carma suffered from an illness that brought periodic challenges, but she and Brent worked through the hardships this brought. Carma loved doing family history work and extraction (a precursor to indexing). Before Brent's retirement, she often rode with him to work at the Family History Library in Salt Lake City, where she would spend the day doing family history for herself and her friends. After Brent's retirement, they were always together. Brent's death in 1999 devastated her, and she greatly looked forward to a reunion with her beloved husband.

Carma worked in various secretarial jobs, but her true interests included history, family history, and observing the beauty and variety of many plants, flowers, and trees. Although she desired to eat healthy, she also had a sweet tooth. Accordingly, she enjoyed experimenting with recipes by trying to reduce sugar and retain the taste (occasionally, she even succeeded!).

Carma was a faith-filled member of the Church of Jesus Christ of Latter-Day Saints. She loved watching BYU devotionals and "Music and the Spoken Word." She loved attending the temple and was a faithful visiting teacher.

Above all, she was dedicated to her family and loved spending time with her grandchildren and great-grandchildren. She was soft-spoken and exuded patience and an appreciation for small blessings. Still, she had a sense of humor and occasionally surprised everyone with a "cheeky" remark.

Carma was generous with others, frugal with herself, and delighted in finding a good deal. When shopping or going out to eat, she would frequently remind those she was with to "Ask them if there is a senior discount." When invited to travel to Hawaii or somewhere else exciting, she would reply, "When I die, Brent and I will travel the world together for free." We imagine she and Brent are now enjoying their world tour.

Carma is survived by her daughters, Helen Gosling (Jeff), Kathy Wright (John), and Emily Lynn (Brad); 15 grandchildren; and 21 great-grandchildren. She was preceded in death by her parents, her brother Reed Lance and his wife Norma, her brother Marlin Lance, her husband Brent, her son David Barlow, and her daughter-in-law Julie Pendleton Barlow.

Funeral services were January 23, 2024. Interment was at Salt Lake City Cemetery.



Norma Jean **Nelson Jameson**

Norma Jean Nelson Jameson, age 92, died

peacefully on January 11, 2024, and will be deeply missed on Earth and joyfully welcomed in Heaven.

Norma was born August 30, 1931, to Axel Emil Nelson and Emily Bergman Nelson in Spokane, Washington. She spent her childhood in Spokane and Pasco, Washington. She married John Edward Jameson on January 13, 1951, in Spokane and they made their home there for many years, later moving to Des Moines, Washington. She and Johnnie raised six children and they are the grandparents of eighteen grandchildren and forty-seven great-grandchildren.

Norma was a faithful member of the Church of Jesus Christ of Latter-day Saints from the time she invited the missionaries into their home in 1960. She served in a variety of positions in the Primary and Relief Society organizations.

Norma was proud of her one-hundred percent Swedish ancestry and beginning in the 1970s she spent countless hours tracing the family history of her parents both before and after genealogical research was computer assisted. She was patient, persistent, and passionate about finding her ancestors and assuring that they received temple ordinances. In her last years as her evesight failed, she did not lose that passion and encouraged others to continue filling the family

Norma was very artistic and filled her home with her paintings, crafts, quilts, and refinished furniture. She also enjoyed gardening and her artistic eve showed in her beautiful gardens and flower

arrangements. She also enjoyed growing vegetables and preserving fruit from her trees.

Norma was preceded in death by her parents; her husband Johnnie; two sons, Michael Lee and John Karl (Jack) Jameson; and a great-granddaughter, Ember Lee Belcher. She is survived by four of her children: Paula Hylton (Cary) of Springville, Utah; Jamie Jameson (Marylee) of Auburn, Washington; Todd Jameson (Teri) of Federal Way, Washington; and Nancy Malmo (Jeff) of Allyn, Washington. She is also survived by Jack's widow Jennifer (Jen) Hilt Jameson.

Our family appreciates the kind care provided by Aspen Ridge Hospice. In particular we thank Heather Lyman and Charity Griffin, who became more than caregivers; they became friends.

Funeral services were January 20, 2024. Norma was buried next to her Johnnie in Hillcrest Burial Park in Kent, Washing-



Mariano Rangel

Mariano Rangel passed away on January 8, 2024. He was born on March 1, 1984 in Guadalajara, Mexico to Mariano Rangel and Maria Irene Hernandez.

Mariano was always an outgoing person and always had a big heart for everyone. He was a

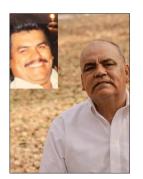
hardworker, always caring for others and loved to listen to music. He loved to work on cars or any type of electronics. Exploring the outdoors was one of the things he enjoyed in his free time. He was a good teacher and taught us how to be skillful and open minded. Mariano was the type of person that would light up the room with his smile. He was so grateful for everything and his blessings. He was a fun-loving brother, that loved his children, a fun uncle and a good son. We bid goodbye to one so loved and never to be forgotten.

He is survived by his father, his son and daughter, and 11 siblings.

He is preceded in death by his mother.

Funeral services were January 19, 2024 at the East Bay 2nd Ward Burial was at the Springville Historical Cemetery, 400 South 200 West, Springville, Utah.

Condolences can be offered at www.springcreekmortuary.com



Tranquilino Figueroa Beltrán

Tranquilino Figueroa Beltrán, de 62 años, falleció pacíficamente en su hogar de Spanish Fork el 5 de Enero del 2024 después de una gran batalla de 3 años contra el

TRIBUTES continued on Page 20.

Popular science fiction author, Christopher Paolini comes to Spanish Fork

By Ariel Higgs

On Friday, Jan, 19, a rare sight was observed in Southern Utah County. Spanish Fork High School was swarmed with word devourers of all ages. Many were laden with stacks of books so tall they could hardly see over the tops of them, as they maneuvered their way to the main theater.

Why would so many of these generally introverted, library loving, deep world diving, bookish souls descend on such a place? Well you see, a certain man was scheduled to appear. At the behest of

Spanish Fork books store Poppy Book and Gifts, Christopher Paolini, a powerhouse of modern fantasy and science fiction, came to town.

The world-renowned author made the scheduled stop in Spanish Fork to promote his latest book, "Murtagh," which is a follow up novel to his first and most well known fantasy series, "The Inheritance Cycle."

Roughly 260 people gathered to listen to Paolini speak on a variety of topics ranging from how he got his start as an author, to upcoming and in progress projects that include additional books and a television series in development with Disney +. During his presentation, he spoke candidly about his experience, highlighting the importance of





passion and heart, tempered with consistency and careful planning.

During the Q and A section of the evening, he answered questions from fans ranging in topics from the color of HIS dragon (purple), to if Eragon will ever get the girl (no comment).

He gave practical advice to those who asked about writing, including, "Embrace the suck" when it comes to revising, and how important it is to get outside your comfort zone, to ask for help and to be thankful when it is offered. He genuinely thanked

his fans for their support, reminiscing about his 20 year writing career and how much he loves what he

does. After his presentation, fans were dismissed in groups to join a book signing line where each person was able to get one personalized signature with no cap on how many additional books he would sign. Christopher was patient and kind, taking time to talk to each fan and pose for pictures as they reached the table.

The well organized event put on by Poppy Books and Gift

was a highlight for many fans who had never had the opportunity to meet such a well known author in person before or in such an intimate setting.

"His talk was so good and I loved his interaction with the crowd," Tiffany Foran, a participant at the event said. "The event was a great chance for people to meet their favorite author, meet others who share their passion for fantasy and sci-fi while supporting a local business."

For more information on Poppy Book and Gift including upcoming events, check out their website at www.poppybookssf.com, or stop in at 56 W 200 N in Spanish Fork between 10am and 7pm Monday through Saturday.

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cáncer.

Tranquilino nació el 15 de Julio de 1961 en Mascota, Jalisco, de padres Dominga Beltrán Santana y Cándido Figueroa López. Tranquilino emigró a Los Ángeles, California en Marzo de 1980. En California, trabajó en construcción y como operador de máquinas en Edelbrock durante muchos años. Tranquilino tuvo 2 hijos, Jessica Figueroa y Aaron Brandon Figueroa.

En el 2015, él se mudó a Payson, Utah donde continuó su trabajo como trabajador de la construcción. Tranquilino siempre fue un hombre muy trabajador y de buen corazón. El generosamente siempre puso a otras personas antes que él. En su pasatiempo, Tranquilino disfrutaba convivir con su familia y amigos. El disfrutaba del fútbol y era un fiel fanatico de las Chivas de Guadalajara. En tiempos de vacaciones le gustaba visitar a sus familiares en sus tierras natales de Guadalajara, Jalisco.

Tranquilino pasó sus últimos 3 años luchando contra el cáncer y siempre apoyado y amado por su hija, Jessica Figueroa, su verno, Alfonso Barron, sus nietos, Emily Lopez, Jacob Ramirez, Abigail Ramirez, y su prima Luz Maria

Pena. Tranquilino deja atrás a sus hijos, nietos, su padre, hermanas y hermano, sobrinos y primos. Que dios lo tenga en su santa gloria, y que solo haya paz, y amor sin dolor y llanto. Que descanse en paz, Tranquilino Figueroa Beltran.

El servicio funerario se llevará a cabo el Viernes, 12 de Enero. Cualquier contribución se podría mandar a su hija por Zelle o a la página de Go Fund Me https://www.gofundme.com/f/tranquilino-figueroa. Que Dios los bendiga abundantemente por el apoyo y su generosidad durante estos momentos difíciles.

Condolencias se dan aqui at www. springcreekmortuary.com.

2024 GOALS

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comfortable pace. Celebrating small achievements and recognizing that it's okay not to accomplish everything in one day can also alleviate some of the winter blues. Setting realistic goals can prevent feelings of being overwhelmed.

Of course, sometimes it's not enough to pace life out. If you find that your mental health is significantly impacted, consider seeking support from a mental health professional. Therapy and counseling can

provide valuable tools for managing stress and navigating challenges.

As the end of winter finally approaches, remember to prioritize self-care and mental well-being. Taking care of yourself is not a luxury but a necessity, and more people tend to struggle with these feelings during the winter. Spring is coming, but winter doesn't need to be a slog.







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Shane Paoli, the owner and agent, with his family, took over the Springville and Spanish Fork Branch of Farmers Insurance in early 2023. "Working in Springville for the past year has been such a great experience, it has been great getting to know our community, and feeling so welcomed! We can't wait to save our community money with the new insurance rates that were announced in January 2024."





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Dancing Through the Streets of Payson: The Footloose Legacy is Strong 40 Years Later

By Alex Sousa

In the archives of cinematic history, few films capture the essence of 1980s Americana as vividly as "Footloose." Released 40 years ago, on February 17, 1984, this exuberant musical drama not only became a cultural icon of its era, but also left an indelible mark on the small town of Payson, Utah, where much of the film was shot. The decision to film in Payson infused the movie with an authentic small-town atmosphere, pivotal to its narrative, and concurrently embedded the town in a timeless Hollywood legacy.

"Footloose" tells the story of Ren McCormack, a Chicago teenager who moves to the fictional town of Bomont. He is shocked to find that dancing and rock music are banned, reflecting the town's strict moral code. Kevin Bacon's portrayal of Ren, who challenges these norms and revitalizes the town's spirit, resonated with audiences worldwide. However, it was the backdrop of

Payson that provided the film with its believable and relatable setting.

The selection of Payson as a key filming location was driven by its quintessential small-town feel, which director Herbert Ross sought to anchor the film's narrative. Payson, with its picturesque streets, historic buildings, and a close-knit community, was the embodiment of the archetypical American small town. One of the most iconic locations used was Payson High School, which featured in several pivotal scenes, including the prom dance sequence. This scene, a crescendo of youthful defiance and jubilation, would become one of the most memorable in 1980s cinema, and it came to life in the gymnasium of Payson High School.

The filming of "Footloose" in Payson was more than just a logistical decision; it was an event that significantly impacted the town. Residents experienced the thrill of



Footloose Courtesy Paramount Pictures.

Hollywood firsthand, as their daily lives were transformed by the presence of film crews and actors. Some locals were even cast as extras, creating a tangible connection between the town and the film. This brush with stardom was not only a source of excitement but also a moment of communal pride, as Payson was thrust into the national spotlight.

Beyond the immediate excitement, the production of "Footloose" in Payson had economic implications. The influx of the film crew and associated personnel provided a temporary boost to local businesses. Hotels, restaurants, and other services benefited from the increased activity, highlighting the positive economic impact that film productions can have on small communities.

Culturally, "Footloose" struck a chord with its exploration of themes such as youthful exuberance and the unifying power of music and dance. For Payson, this was reflected in the town's newfound association with these themes. The film's success turned Payson into a symbol of the struggle for self-expression and the triumph of the human spirit, themes that transcend time and place.

The legacy of "Footloose" in Payson extends beyond the immediate aftermath of the film's release. The town became a point of interest for fans and tourists, eager to visit the locations where Kevin Bacon and the rest of the cast danced their way into film history. Even decades later, the association with "Footloose" remains a unique aspect of Payson's identity, a testament to the lasting impact of the film on the community.

Filming "Footloose" in Payson, Utah, was a convergence of cinematic storytelling and real-world impact. It showcased Payson's charm and character, providing an authentic backdrop for a story that celebrated the resilience and vitality of youth. For the residents of Payson, it was an unforgettable experience that brought Hollywood magic to their doorstep and wove their town into the fabric of an 80s cultural phenomenon.

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"Caveat Emptor" - Let the Buyer Beware! By Ken Prigmore of Prigmore Law in Spanish Fork, Utah



ll of Estate Planning boils down to (1) recording what Lyou want to happen to your property when you pass on and (2) taking care to meet all the requirements of state law to distribute that plan successfully.

Many will tell you they have the answers, and some really believe they do, when they have learned only a principle or two of the law. The old adage, "a little knowledge is a dangerous thing," applies here and the danger is yours.

I have encountered a variety of plans prepared by non-attorneys. One was a notary in a local hospital. He would ask people if they had an estate plan, and if they did not, he would offer to prepare one and charge them must less than an attorney. Unfortunately, the man knew little of the law, and his plans were a mess full of gaps and errors that could easily be exploited by someone who wanted them to fail.

In another case, the seller presented themselves as an "Estate Planner." They were not an attorney. They may have taken a class or attended a seminar where they paid someone else for credentials. But they did not know the law in Utah. When they prepared the plan, they used software prepared by an attorney in another state. The laws there were different, and it was obvious that the documents were not prepared with Utah law in mind. The biggest mistake happened when the client signed their will in front of the Estate Planner. The client's adult children were present, and they were allowed to sign as witnesses. The Estate Planner had no idea that witnesses cannot be family members or be named as an heir in the Will. They were both. This act alone made the Will easily

beaten in a court of law.

I have seen companies that sell estate plans advertising that they are faster and cheaper than an attorney. All of their reviews are from happy clients that paid less. Unfortunately, an estate plan is not "one size fits all." Just like a doctor's prescription, the plan must be designed for your situation. Improperly prepared plans may look like they will work, but no one will know for sure until you die.

State and Federal laws regarding Estate Planning and Taxes are firm and cannot be ignored. When someone prepares an estate plan they are making an attempt to meet all of the requirements of those laws.

When is an Estate Plan prepared properly?

Nearly all estate plans, even the poorly prepared ones, will record what you want to happen to your property. But many of those plans fail to meet the requirements of state law. Does this matter? In some cases, the heirs get lucky, and no one knows the plan did not meet state law. They collect their share of the property and proceed with life believing that the estate plan worked. But did it?

I often encounter people that are trying to sell a piece of real estate owned by an ancestor, only to realize the property is still in the ancestor's name. They come to me in a panic because they have found the right buyer for the property, but the title company is telling them they have no authority to sign a deed to sell the property! We have to do a probate.

Family members may have been living in the home for decades, or farming the land for many years. They may have even been paying the property taxes the entire time. Please note that counties will accept payment of property taxes by anyone. A poorly prepared estate plan will fail to pass on the property, and when the heir sells the property, we are forced to do probate.

Properly prepared estate plans will meet the requirements of third parties like the county recorder, the Utah Division of Motor Vehicles, the Banks and the IRS. Failing to do so

will usually result in a probate, and possibly a heavy tax bill.

Properly prepared estate plans will also be ready for an attack. If someone disagrees with your plan, they can argue it failed to meet the law and a judge may throw it out entirely, or worse, the judge and the parties may come up with something totally different from what you planned.

Your estate plan is similar to a knight in armor. If there is a hole in the armor, others can take advantage of the hole and defeat the plan. I have reviewed many estate plans prepared by others. Some of them were prepared by attorneys.

Here are a few holes I have encountered:

One attorney prepared an estate plan for their client, but for whatever reason, they were unable to meet together for the signing of the plan. The client, not fully understanding the documents on their own, did their best and took the plan to the bank to sign in front of a notary. Estate plans have several places that need signatures. The client did their best to find these and sign them, but several things were missed, leaving gaping holes in the plan.

Another attorney did have a signing session with their client, but found themselves one witness short. In Utah a minimum of two witnesses must sign a Will. To prove that the will was properly signed and witnessed, a notary will check the ID of each signer and then notarize the document. In this case, the attorney had both signed as a witness and as the notary, effectively notarizing their own signature. This improper use of notary left the will open to attack.

Another plan was fully signed and properly notarized, but the error was difficult to detect in advance. The attorney, as requested by their client, prepared a Trust leaving a different piece of real estate to each of the client's children. Later, the client sold one of the properties. No one updated the estate plan, and when the client died, one of the heirs got nothing. Life changes can defeat even a properly prepared plan. It is advisable to review your plan with an

attorney every 5-10 years to see if any of your life changes have left holes in your plan.

Some attorneys prepare plans, never asking whether the clients are in a second marriage. If a surviving spouse is not the parent of the deceased spouse's children, then state law steps in to make a division of the property that rarely matches whatever was in the estate plan. If all survivors agree on following the original plan, then it may stand, but if just one person disagrees, the plan will fail in court.

Other attorneys will do seminars, selling a plan with a large binder, full of many documents that take the estate plan in directions the client never needed. Some are quite complicated. One client told me they paid \$5,000 for their plan. Plans like these can fail simply because the client had no idea how to maintain them. And they paid them more than twice my

As I have stated previously, I do free consultations. If you have an estate plan, please give me a call and we can review it together and look for errors and gaps. This visit costs you nothing. If your plan is set to fail, you will leave with the knowledge that you still need a plan, or you may decide to hire me to repair or replace your plan. Let me give you the information you need to protect your plans!

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Every Other Driver Is an Idiot

By Joe "Funny-ish Files" Capell

Have you ever noticed that every other driver is an idiot?

There are a lot of drivers out there on our roads, but none of them are as good at driving as I am. You would think there would be SOMEONE out there who can drive as good as I can, but I sure don't run into them very often. (Figuratively speaking.) (Literally, too.)

Anyone who drives slower than me is a dundering moron. What are they even doing on the road? If you can't keep up with freeway speeds, get out of the way and let those of us who know



how to drive use the road! Do you know where the gas pedal is? Do you know how to use it? Are you actually driving that car, or is it being pushed along by the wind? Move it or lose it, buddy!

Anyone who drives faster than me is a crazed maniac. This is a freeway, not a racetrack! Slow down, you're going

to cause an accident! They have speed limits for a reason, you know. Unless you're rushing a pregnant woman to the hospital, you really need to ease up. Slow down, you lunatic! You're going to get someone killed!

Anyone who drives the same speed as

me is an annoying jerk. Oh, so you're going to just ride there in my blind spot for ten straight miles? Do you really think that's a good idea? Either pass me or don't, you dolt!

The worst are the ones who fluctuate their speeds. They pass you, then you pass them, then they pass you again, then you pass them again. It's like some kind of bizarre country line dance done at 75 miles per hour!

Of course, all of these problems multiply exponentially when there is snow and ice on the road:

*Yes, I realize the roads are snow-packed, but that doesn't mean you have to go 20 mph, you slowpoke!

*You crazy idiot, why in the world

would go so fast on these icy roads? You're going to kill yourself or someone else!

*Back off and give me some room, doofus!

So, what's the solution? I don't know that there is one. About the best thing I can come up with is to ask you all to stay off the roads when I'm driving. It's in everybody's best interest. Because no one wants to be on the road with a raving lunatic. (Wait...is it me? Am I the raving lunatic?) (Nope. I'm an excellent driver. If you don't believe me, just ask me.)

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My company specializes in Health, Life and Medicare Insurance and Supplements that can enhance your basic coverages. We offer individual Marketplace plans and also have Off-Exchange options too for your best selection of quality Health Insurance plans anywhere. I can help you to navigate the best plan options for you and your family. With our awesome plan analysis tool we can quickly identify the best plan to help you confidently pick the right plan.

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